



AMERICAN PREPARATORY ACADEMY

School Calendar – WV2 Campus

September 23, 2016

Check the website calendar for all practices, rehearsals, games and clubs @ <http://westvalley2.americanprep.org/>

Check the Facebook page for fun information @ <https://www.facebook.com/americanprepWV2>

Saturday, September 24

Saturday School 8am

Mon-Fri, Sept 26-30

Spirit Week

Tuesday, September 27

Governing Board Meeting 4:30pm

Wednesday, September 28

8th Grade Barn Event & BBQ 8:30am-11:30am

Wednesday, September 28

Red Cross Blood Drive 11am-5pm

Thursday, September 29

6th Grade FriendSHIP Event 1:10pm-3:45pm

Thursday, September 29

SBO Tailgate Event 2:10pm-3:30pm

Thursday, September 29

HS Girls Soccer vs. Rowland Hall 4pm

Thursday, September 29

JH Cross Country Meet 4:30pm

Saturday, October 1

Saturday School 8am

Monday, October 3

Shakespeare Showcase 6pm-7pm

Tuesday, October 4

Centennial Celebration Performance @ Capitol 12pm

Wednesday, October 5

Elementary Picture Day

Thurs-Sat Oct. 6-8

HS Shakespeare Festival in Cedar City

Friday, October 7

4th-6th Grade Field Trips

Friday, October 7

10th Grade Wild West BBQ 3pm-5pm

Friday, October 7

Land Trust Meeting 10am

Saturday, October 8

Saturday School 8am

Saturday, October 8

Violin Suzuki Super Event 9am-3pm

Mon-Fri, Oct. 10-14

College Week

Tuesday, October 11

HS Cross Country Region Met 10am-6pm

Wednesday, October 12

Elementary Early Dismissal 12pm/12:20pm

Elementary Grading Day

Thursday, October 13

UHEAA – FAFSA Night for parents of seniors 5:30pm

Friday, October 14

K-3 Grade Field Trips

Friday, October 14

End of 1st Term for Elementary & Secondary Students

Mon-Fri, October 17-21

No School – Fall Break

Monday, October 24

School Resumes 8am



**Hello American Prep Families,
Our Builder Theme for the month is “I Am A Builder When I Show Enthusiasm!”**

Below are six traits of enthusiastic people. As you read them, think about yourself and where your strengths are. Pay attention throughout this week to the characteristics that you could improve upon with practice.

- Enthusiastic people **RADIATE ENERGY**. When these people walk into a room, heads turn and people gather. Their smile lights up a room.
- Enthusiastic people are **CURIOUS AND INTERESTED** in life. They love learning and live in a state of wonder, surprise, and delight.
- Enthusiastic people **FOCUS ON THE GOOD** (even when things aren't). They emphasize what they can do rather than what they can't do.
- Enthusiastic people **FEEL DEEPLY AND LAUGH OFTEN**. They show compassion for life's difficulties and use humor to help themselves and others through tough times.
- Enthusiastic people **DO SOMETHING THEY LOVE** every day, no matter how small.
- They are passionate about their work, hobbies, craft, or the sports they play and it shows.
- Enthusiastic people **SERVE A GREATER PURPOSE** than themselves. They have a desire to help others and build community.

<http://livingwithenthusiasm.com/characteristics.htm>

I challenge you to focus specifically on one of the characteristics above and become more enthusiastic! Invite every member of the family to participate and watch what happens to the atmosphere in your home.

Congratulations to the Driver of Carpool #144

You have won a \$20 gift card--in our first ever carpool drawing! Last week, on the “secret day” you had your carpool number posted and your number was put into the drawing. Please come to the front office to claim your prize! You have one week to claim it! (Sure hope you are reading your newsletters!) Thank you to ALL of our parents who have been making sure their carpool numbers are clearly posted in their front window.

Some parents have asked—why the big push to have the numbers posted? There are several



reasons.

- First and most importantly, it helps ensure the safety of our students. Having your number clearly posted is a quick way for our staff to know that you are an APA family, legitimately picking up your students.
- Second--it helps us direct your student to your car more efficiently. The staff can call out your number if your student isn't waiting and watching. (Please be sure to teach them their carpool number so they recognize their number.)
- Third—in the event of a severe weather or an emergency situation we may keep the students inside and dismiss them by carpool number as their rides arrives. Occasionally, we will practice this inside dismissal, so please prepare your students by being sure they recognize their carpool number by sight and sound!

Reminder for 2nd Dismissal Parents Arriving Early

If you arrive prior to the end of 1st dismissal carpool, we will direct you to circle around and wait a few minutes before 2nd dismissal begins (3:35pm/2:35pm). If you arrive at the curb early, you may be asked to exit the parking lot and return at the appropriate dismissal time. Thanks for all your cooperation and support as we work to make carpool as safe and efficient as possible.

Healthy Home, Healthy Students, Healthy School

The cold and flu season is upon us. Usually colds and flu, however uncomfortable they make us, are minor illnesses. But sometimes, serious complications can occur that may result in hospitalization.

The good news is that many of these common illnesses can be prevented with the right precautions. Please help us keep your students healthy by encouraging them to wash their hands frequently, not touch their face, and to not share drinks or food from their dishes with anyone. Here at the school, we are doing our best to keep surfaces disinfected and encourage you to do the same.

If students have a fever, throw up, or are constantly coughing we ask that you keep them home. We ask that a student be fever free for at least 24 hours before coming to school.

Elementary Supply Donation

American Prep equips our students with supplies such as pencils, pens, paper, notebooks, tissues, and hand sanitizer. With the continued cuts to budget and supply costs going up, if you feel you



could donate to the supply fund for students, it would be greatly appreciated. The suggested amount is \$15.00 per student. Supply donations will be accepted anytime throughout the school year. Stop by the elementary office to make your supply donation.

Electronic Free School Nights

American Prep recommends that families adopt a “no TV, no Video games” policy Monday through Thursday. There has been lots of research showing that it is not good for students to watch television and play video games on a daily basis. Lack of physical exercise is resulting in obesity in epidemic proportions in our country, even in our children. We encourage our families to provide opportunities for their students to exercise through play and study during the weekday evenings.

Box Top Contests

Our Box Top contest is beginning now! Please send in all those Box Tops you collected over the summer with your student. Classes will win prizes! Last year, we collected nearly a thousand dollars for our school! Let’s reach even higher this year.

Volunteer Opportunities

We need your help! We ask that all American Prep families volunteer at least 20 hours per school year. We have many volunteer opportunities to help you be a part of the APA family. Current projects that need volunteers are:

- Organizing logo uniform items and contacting parents
- Filing
- Office work
- Carpool
- Sorting boxtops

Please contact Mrs. Lobo-Blanco at rloboblanco@apamail.org or Irene Christensen at ichristensen@apamail.org or call the main phone number at 385-351-3090 if you can help! Thanks in advance for ALL of your support!!

Lagoon Fundraiser

Thank you for participating in the 2016 Lagoon Education Foundation Fundraiser. Please



distribute the promo code throughout your district, the more tickets sold using the promo code, the more money donated to American Preparatory Academy. Attached is a coupon that can be used at a Lagoon ticket window. The promo code can be used to purchase up to 8 tickets per transaction online, at the link provided below.

<https://www.lagoonpark.com/buy-tickets/>

American Prep promo code: APA16

The discount/fundraiser is only valid September 16- October 30, 2016.

Parents of 6th - 12th Grade Boys

Empowering Your Tomorrow is a Saturday math, science, and technology-focused career conference for 6th - 12th grade boys. Conference participants may choose from 20+ exciting, hands-on, interactive workshops. They receive a cool T-shirt, delicious catered deli lunch, hear from an exciting keynote speaker, and have an amazing day of fun touring the Utah Valley University campus. Your son may choose three workshops that interest them most (e.g., engineering, graphic arts, forensic science, etc.) Come explore educational and career opportunities in nontraditional, high-earning STEM careers, and speak with industry experts!

The event takes place on **Saturday, November 12, 2016 8:30 AM - 3:30 PM**. Students will receive sign-up packet this week in their 4th period class. Each student must have two permission forms signed by parents. The event total is \$25, but APA will cover \$15—meaning you only need to pay **\$10 to join us!** Submit payment to your secondary secretary and give her the necessary paperwork—we accept credit cards. The bus will leave from the WV2 campus at 8:30 AM, sharp. Please return at 3:30 PM at WV2 to retrieve you students. Any questions email: rguido@apamail.org. Parent volunteers are needed! **Registration closes on Friday, October 14, 2016.**

Parents of 6th-11th Graders

Our GEAR UP grant partner, Utah State University, is providing WV1 & WV2 parents and guardians of 6th-11th grade students a WONDERFUL opportunity for an overnight campus visit! The event occurs on November 18th-19th on the USU campus in Logan, Utah. Workshops will address many areas about your student's future college process including: admissions, financial aid, ACT information, and a USU Physics demo show! You will stay for FREE at the University Inn. You will also be provided complementary meals and famous Aggie Ice Cream! You only need to provide your own transportation to Logan or form a carpool with other parents.

If interested, please send an email to Mr. Guido at Rguido@apamail.org. Include: 1) your name, 2) student names and grades, and 3) the campus your student(s) attend. Once we know of your



interest, we will share information with you on how to register. ***This event is for adults only.***

Homework Lab Mentors Needed

We have almost completed all of the hiring for the 2016-17 school year! We are currently seeking candidates for our "Mentor" and "Substitute" positions. Mentors will assist Jr. High and High school students with most subjects in the after-school homework labs at either of our two West Valley campuses. Bilingual (English/Spanish) not required, but will be given preference. This job pays \$10.00 an hour and requires the following hours:

M, T, F 3:30 pm-6:30 pm Th 2:30 pm-5:30 pm

Mentors only work during the school year (off during school vacations). Interested applicants should go to the website www.americanprep.org and click on the employment link. We also recommend emailing Su Veenstra at sveenstra@apamail.org for additional information.

We will host a sub training in the upcoming weeks for those that are interested. Please watch next week's newsletter for additional details.

Secondary News

Fees

All fees are currently past due. Please stop by the office to pay fees for your student(s) in 7th-12th grade as soon as possible.

Ambassador News

UPCOMING AMBASSADOR EVENTS:

8th Grade Barn & BBQ

On Wednesday Sept. 28 all 8th Grade students will participate in the 8th Grade Barn Dance and BBQ where they will learn essential skills such as listening during conversation, the importance of teamwork, how to seat a lady, and how having a positive attitude makes a big difference when the going gets rough! This event goes from 8:00-12:00. We are looking for volunteers who would be available to chaperone at this event. If you are available to help chaperone this event, please contact Melissa Baucom at MBaucom@apamail.org or 385.351.3090 ext. 1234.

6th Grade FriendSHIP

Welcome Aboard the APA FriendSHIP 6th grade students! Next Thursday, Sept. 29 we will have our first Ambassador Event of the year. During this event students will travel from station to



station learning important skills about being a true friend. Activities will include a challenging obstacle course, food, friends, and so much more! This event will go from 1:10 p.m. – 3:45 p.m. on Thursday September 29th so mark your calendar because you don't want to miss this! We are always looking for parent volunteers! If you are willing, please contact Melissa Baucom at MBaucom@apamail.org or 385.351.3090 ext. 1234.

9th-12th Grade SBO Eagle Tailgate

This SBO sponsored event is on Thursday Sept. 29th from 2:10-3:30. All 9th through 12th grade students are invited to attend the Eagle Tailgate before the last home girls' soccer game! Entrance to the Eagle Tailgate is \$1 per person. The SBOs will be selling Spirit Shirts for \$10 all week - these shirts can be worn on Thursday during school and during the Tailgate. The Tailgate will also include food, games, prizes and the SBOs will be recognizing those who participated in a fall sport. Come help the SBOs fundraise for future dances!

REPORT ON PAST AMBASSADOR EVENTS

8th Grade WORK Party

On Friday September 16th all of our 8th grade students were given the opportunity to provide service in the Salt Lake Valley. Our students volunteered at three different locations. One group went to the Green Urban Lunch Farm and picked hundreds of apples that will be donated to the Utah Food Bank. A second group went to the Cottonwood Pond Restoration project where they pulled weeds and picked up trash around the pond. And the third group went to the Utah Cultural Celebration Center to pick weeds and pick up trash. **Huge shout out to our amazing parent volunteers who came with us!**

5th Grade FriendSHIP

Welcome Aboard the APA FriendSHIP was a success! Students were able to practice and master very important skills about being a true friend. How to write a thank you note, meet and greet, navigate a reception line and ask intelligent questions were some of the lessons taught during this event. **A big thanks to all of our amazing parent volunteers!**

After School Programs

Collegium Hall

We would like to welcome all secondary students to come to Collegium Hall. Collegium Hall is a study hall that provides tutoring, snacks, and activities for your children. Math teachers are available to tutor students in Collegium Hall.

Mondays, Tuesdays, Fridays - 3:10-6:30 pm



AMERICAN PREPARATORY ACADEMY

Wednesdays & Thursdays - 2:10-5:30 pm

Parents are required to check out their student from Collegium Hall each day of student attendance. If your student decides not to participate in an after school program, parents need to pick up students by 3:35 pm.

7th grade	8th grade	9th grade	10th grade	11-12th grade
Room 266	Room 270	Room 272	Room 274	Room 277

Sistema Utah and Collegium Hall are free programs offered to our APA students. If you would like to volunteer or have questions about our after school programs, please contact:

Mrs. Veenstra, After School Director

sveenstra@apamail.org

(385) 999-1272

(385) 351-3090, ext. 262

Mrs. Christensen, Sistema Director

tchristensen@apamail.org

(385) 351-3090, ext. 260

Sistema Utah

Currently, all of our Sistema classes are full. Sistema's next registration period is after winter break. The Sistema Schedule is as follows:

Class 1 3:35pm-4:15pm (snack in classroom at 4:15pm)

Snack 4:15pm-5:20pm

Class 2 4:25pm-5:08pm

Class 3 5:11pm-5:51pm

Homework Time 5:54pm-6:30pm

Sistema ends at 6:30 pm on Mondays, Tuesdays, and Fridays; & 5:30 pm on Wednesdays and Thursdays. Pick up is in the secondary cafeteria.