



AMERICAN PREPARATORY ACADEMY

School Calendar – WV2 Campus

November 9, 2018

Check the website calendar for all practices, rehearsals, and clubs @ <http://westvalley2.americanprep.org/>

Check the Facebook page for fun information @ <https://www.facebook.com/americanprepWV2>

Saturday, November 10 Student Government Leader Fall Dance 10th-12th grade

Monday, November 12 Veterans Day Reception 12PM
Monday, November 12 Veterans Day Assembly 1PM
Monday, November 12 JH Boys Basketball vs. Monticello 4pm/5pm
Tuesday, November 13 Parent Graduation Night 6:30pm-7:30pm
Wednesday, November 14 11th Grade Interim Committee Capitol Trip 8am-1pm
Wednesday, November 14 Picture Re-take Day 11am-2pm
Wednesday, November 14 Senior College Application Party 12:30pm-2pm
Wednesday, November 14 10th Grade Donation Prep 12:45pm-2:10pm
Wednesday, November 14 JH Boys Basketball @Excelsior 4:30pm/5:30pm
Wednesday, November 14 Secondary Parent Teacher Conferences 3pm-7pm
Thursday, November 15 5th Grade Celebration Event 12:40pm-3:30pm
Thursday, November 15 Secondary Parent Teacher Conferences 3pm-7pm
Thursday, November 15 Hope Squad Parent Training 6pm
Friday, November 16 Secondary Students – NO SCHOOL

Monday, November 19 Kindergarten Pilgrim Play 12:50pm-2:45pm
Monday, November 19 JH Boys Basketball @Dual Immersion 4pm/5pm
Tuesday, November 20 HS Boys Basketball @American Leadership 4:30pm/6pm
Tuesday, November 20 HS Girls Basketball vs. Freedom Academy 4:30pm/6pm
Tuesday, November 20 Secondary Mid-Term Late Work Deadline
Wed.-Fri., November 21-23 No School – Thanksgiving Recess

Monday, November 26 JH Boys Basketball vs. Entheos 4:30pm/5:30pm
Tuesday, November 27 HS Girls Basketball @Westridge 7pm
Wednesday, November 28 HS Boys Basketball vs. UMA 5:30pm/7pm
Wednesday, November 28 JH Boys Basketball @Spectrum 4:30pm/5:30pm
Thursday, November 29 4th Grade Medieval Festival 1pm-2:30pm
Thursday, November 29 HS Girls Basketball vs. UMA 5:30pm/7pm
Friday, November 30 HS Boys Basketball vs. ICS 4:30pm/6pm



Hello American Prep Families,

Our Builder Theme is “I Am A Builder When I Express Gratitude in Word and Deed”.

Do you know that grateful people are healthier, happier, and more optimistic? Studies show that individuals who adopt an “attitude of gratitude” get more exercise, eat a healthier diet, have less depression, cope better with stress, and have less physical ailments.

Gratitude is a valuable virtue to teach and practice in our homes. We can begin by engaging our brains in grateful thoughts. If we think about it, our brains and hearts can really only focus on one thing at a time. It is almost impossible to be truly unhappy and grateful, or selfish and grateful, or even angry and grateful. Besides, once we start feeling grateful, our brains look for more things to be grateful for! Here are some gratitude steps to include in our daily routine:

Be Mindful of What We Have

- It’s not how much you have, but how you feel about what you have that makes the difference.

Record Grateful Moments

- Writing in a journal or taking a moment with family or friends to talk about things we are grateful for increases our optimism and feelings of empathy toward others.

Reframe Situations as Positive

- Challenging situations don’t have to get us down just because they are challenging. We can perceive seemingly adverse situations as a learning experience, or an opportunity to change, or even a “Wow, I can see that wasn’t meant to be!” outcome.

Let’s begin today to show gratitude in word and deed and commit to it making gratitude a permanent state of mind.

Veterans Assembly November 12th

This year marks our 10th anniversary holding Veterans Day assemblies! There is a lot of preparation that goes into these events, and we thought we’d share some of that with you so you can talk with your student about this important event!

Our students have been busy writing thank you letters to veterans. These letters are in the shape of stars, written on white paper and glued to a blue or red construction paper star. We then affix a special-made pin to each letter, and this is the gift we give each Veteran that attends our assembly.

Our students are also busy learning songs and poems that they will perform at the assembly. Each elementary grade level performs a song or a poem, and the messages of love and respect to our Veterans can be felt by everyone in attendance!

We would love all our parents to be able to attend these events, but there is not enough room in our gymnasiums for that to be possible. Parents who bring a Veteran to be honored will have a seat. Most campuses have 50-80



AMERICAN PREPARATORY ACADEMY

Veterans guests, so our space fills up and we don't have room for additional guests. Because we really want all of our parents to see this great assembly, we have arranged to have the event "live-streamed" on KSL. **You can watch on your computer at live.ksl.com** and we hope parents who can will tune in! Our assembly will be Monday, November 12th, 1PM. The program will be about an hour long - depending upon how many veterans attend the assembly.

At American Prep, patriotism means having gratitude and showing respect for those who have sacrificed so that we can experience the freedoms that we enjoy. Regardless of our individual and diverse views about the politics and specifics of particular international conflicts, at American Prep we unite together in gratitude and respect for those who have been willing to give so much so that we can enjoy our lives in freedom. We are grateful for the opportunity to say "thank you" in person to our veterans! This is one way that we express patriotism at APA.

No Check-Outs during Veterans Day Assembly

During our very special assembly on Monday, there will be no student check outs allowed for those participating in the program. ALL students will participate in the program. The program begins at 1PM and will last approximately 1 ½ hours. If you need to check out your student for an appointment, please do so prior to 12:30PM. We are excited to provide an opportunity for all of our students to honor those who have served our country!

October Builders of the Month – "I am a builder when I demonstrate integrity."

Congratulations to the following students who were recognized in the assemblies for demonstrating integrity.

Kindergarten	1st Grade	2nd Grade	3rd Grade	4th Grade	5th Grade	6th Grade
Taelee Reyes	Jayden Almanza	Erick Ponce Erazo	Yoselin Urcino	Belma Buljibasic	Natalie Arce Estrada	Luis Arce
Mateo Quezada	Miah Torres	Valentina Ramirez	Ariana Martinez	Brisa Moore	Paulina Ledo	Hunter Johnson
Allison Morales Suaste	Ximena Solis	Carly Hernandez	Cole Erkkila	Juan Pablo Casillas	Abigail Cano	Junior Ortiz
				Nathan Gomez	Zarel Parra	Nicole Tran

7th Grade	8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
Sarah Tabares	Dylan Bolman	Mailyynn Komaie	Chloi Langi	Alexandria Quarry	Sarena Nguyen
AJ LeFevre	Leute Lagaia	Moroni Egburhe	Juan Ramirez	Joseph Torres	Jordy Manrique

ROCK THE SOCKS: APA's Annual Community Donation Drive

ROCK THE SOCKS! Get ready for APA's annual community donation drive. This year we'll be gathering socks to benefit the Road Home. The Road Home is a place where families can find temporary shelter, food,



clothing, and assistance in finding permanent homes. Let's show them we care by warming their feet and hearts this season. The donation drive begins Nov. 30th and goes through Dec. 14th.

Volunteer Corner

We have been so grateful for ALL our amazing volunteers! See the opportunities below or contact your child's teacher or one of our offices to discover even more ways to help!

Specific volunteer opportunities are as follows:

- Secondary Parent Teacher Conference Dinner Thursday, November 14th. Contact Ashlee Youngberg if you are able to help at wv2fso@apamail.org.

Lost & Found

Our lost & found is overflowing again! Please stop by the elementary foyer to check for any missing items. We will be donating lost & found items to a local charity on Friday, November 28th.

Order Lunch for November

Online ordering is open for the month of November! If you have been trying to log in and receive an error message, please email lunch@apamail.org or visit the lunchroom for assistance. The link for online ordering can be found here: <https://www.americanprep.org/school-lunch-program/>

Elementary News

Fresh Fruits & Veggies of the Week

Heirloom cherry tomatoes are petite round cherry tomatoes that come in an array of flavors and assortment of colors, from pale yellow and sun-gold orange to bright red, Cherokee purple and marbled green. They are juicy, low-acidic with high sugar content. Dating at least from the 1800s, heirloom tomatoes are prized for their rich, tomato flavor and varied shapes and sizes. These tomatoes are a good source of potassium, vitamin A, vitamin C, some calcium and iron.

Sistema Notes

We absolutely love teaching our Sistema students and they are practicing SO hard to be ready for our upcoming concert next month! ***With that being said, we are working on our Winter Concert music, so please do not check out your students early from Sistema to help them stay current with their music.*** All students will need to stay for their instrument and singing classes daily so that they will be ready for our concert and not fall behind. Also, please keep in mind that our Thursday ensemble day is also preparing them for our winter concert. We look forward to seeing each of our students in attendance on ensemble days! Please make sure that your student(s) are practicing their new music every day so that they can memorize their pieces.

Sistema Strings had a lot of fun in Logan on Friday, October 26th! They went to the Caine School of the Arts at Utah State University where the Fry Street Quartet performed for our students. They also hosted a question and



AMERICAN PREPARATORY ACADEMY

answer portion where our students could ask them about what life is like as a musician, when they knew they wanted to go into music, etc. Later that night Sistema Strings were one of two youth music groups that performed with the Utah State Symphony Orchestra. They played "Minuet" and "La Guadalupana" with such passion and enthusiasm. Well done Sistema Strings!

Some of our students were also able to experience how much fun African drumming is last week. Thank you Drum Bus for coming and inspiring us!

We have a few "NO SISTEMA" dates coming up in addition to a couple of amazing activities for our students. Please make sure you update your family calendars with the following dates:

- Tuesday, November 13th 6 p.m. - Sistema Student Showcase in the MP Room
- Friday, November 16th 4-6 p.m. - Karate Specials Class in the MP Room
- Tuesday, November 20th 4 p.m. - Sistema Guest Artist "William Hagen in Concert" in Choir Room (for Sistema students only). *Sponsored in part by the Zoo, Arts and Parks Fund.*
- November 21-23 - No Sistema (Thanksgiving Break)
- UPCOMING DATE FOR CALENDAR: Thursday, December 13th 5 p.m. - Sistema Winter Concert in the Small Gym. Parent volunteers are needed - please sign up at the Sistema front desk.

Thank you for your support - we love our Sistema students and families!

Afterschool News

We are happy to announce that Collegium Hall completed 2,534 homework assignments during the first term. That is over 100 assignments per day! Thank you to all our hard working students for doing such a great job.

Please keep in mind we will not be having any secondary after school programs on 11/14 and 11/15 due to parent teacher conferences. Please make arrangements for your students.

Club Updates

We are happy to announce that Decuriam Club, Latin tutoring club, will be starting on 11/13/18. It will be held every Tuesday in room 212 from 3:30 - 4:30 pm. Decuriam Club will be hosted by Mr. Coleman and Ms. Ball and is open for any students between grades 7-12th. Decuriam Club's goals are to enhance student enjoyment of Latin with cultural content and enable student success with rigorous & capable individual tutoring.

Speech and Debate Club is taking a break and will reconvene after Winter Break. We will make announcements when the club will be returning.

If you have any questions or concerns regarding after school, please contact Mr. Lee at clce@apamail.org

News for Secondary Students & Families

Parent Information Night

Parents of graduating seniors will have a mandatory meeting on Tuesday, November 13th at 6:30 pm. Parents will



have the opportunity to meet with the counselors and get important information regarding graduation including tickets for guests, timeline, due dates, and cap and gown rental. We will get information from students to order caps and gowns, have treats, and distribute senior tri-boards. Contact Mrs. Patterson in the high school office if you have any questions. npatterson@apamail.org, 385-351-3090 ext. 1253

Sock Drive

We are excited to participate again in our annual sock drive. This year we want to kick off the drive with fun and exciting games! Secondary will be having an assembly to kick off the drive. At this assembly, students will have the opportunity to participate in sock related games such as “The Sock Gauntlet” or Dodge ball with socks, Capture the flag, or target sock shooting. To be eligible to play in these games students will need to bring a pair of socks as their entry ticket. The socks will then be donated after the games conclude. Thank you for your contributions and enthusiasm!

10th Grade Donation Prep

On Wednesday, November 14th during 4th period, our 10th grade students will be preparing our school for our annual service drive. During this Prep Event, 10th grade students will be making posters, creating donation boxes, and learning about why we should donate socks to the Road Home. We are looking forward to a fun event and a very successful drive!

11th Grade Capitol Trip

On Wednesday, November 14th from 8:00am-2:10pm our 11th grade students will be at the Utah State Capitol sitting in on Interim Committee Meetings. This is an all-day field trip to learn about the legislative process and how our students can get involved. **We NEED volunteers! If you can help on Wednesday, contact Ms. Nash @ mnash@apamail.org or call 385.351.3090 ext. 1234.**

Winterim Registration

All registration will take place during 4th periods. Students will need to have all of their fees paid before they can register for Winterim. All additional Winterim fees must be paid by the deadline, or students will be removed from classes requiring fees.

10th Grade Winterim fees due by 12pm- Wednesday, November 14th
9th Grade Winterim Registration- begins Monday, November 19th
9th Grade Winterim fees due by 12 pm- Wednesday, November 28th
8th Grade Winterim Registration- begins Wednesday, November 28th
8th Grade Winterim fees due by 12 pm- Wednesday, December 5th
7th Grade Winterim Registration- begins Friday, December 7th
7th Grade Winterim fees due by 12 pm- Thursday, December 13th
Deadline to change any Winterim classes- Friday, December 14th
Winterim Run-Through- Tuesday, December 18th