



AMERICAN PREPARATORY ACADEMY

School Calendar – WV2 Campus

February 16, 2018

Check the website calendar for all practices, rehearsals, and clubs @ <http://westvalley2.americanprep.org/>

Check the Facebook page for fun information @ <https://www.facebook.com/americanprepWV2>

February 19-February 23

No School – Midwinter Break

Tuesday, February 27

12th Grade College Visits

Tuesday, February 27

11th Grade ACT Test

Tuesday, February 27

7th-10th Grade Spring Testing

Tuesday, February 27

Secondary only 1pm Dismissal

Wednesday, February 28

Red Cross Blood Drive (details below)

Wednesday, February 28

8th Grade Explosive Extravaganza (1pm-3:45pm)

Wednesday, February 28

Secondary Vision Screenings

Wednesday, February 28

Parent University @WV1 6pm-7:30pm

Thursday, March 1

SheTech 9th-12th Grade Expo Center

Thursday, March 1

Parent Teacher Conferences 3pm-7pm

Friday, March 2

No School

Parent Teacher Conferences 8am-12:30pm

Friday, March 2

Band & Orchestra Festival

Friday, March 2

SUU Trip for Juniors

Saturday, March 3

Expanding Your Horizons 6th-8th Grade Girls @UVU

Tuesday, March 6

Elementary Annual Enrollment Celebration Meeting
8:30am or 2pm (see details below)

Wednesday, March 7

10th Grade Food handlers Permit class 2:15pm-4:15pm

Wednesday, March 7

Graduation Tri-Board Help for Parents 4:30pm-7pm

Thursday, March 8

Elementary Annual Enrollment Celebration Meeting
8:30am or 6pm

Thursday, March 8

7th Grade Capitol Tour 8:30am-1:30pm

Friday, March 9

Spirit Wear Day

Saturday, March 10

Elementary Annual Enrollment Celebration Meeting 9am

Looking Ahead.....

Monday, March 12

All Students Early Dismissal 12pm/12:20pm

Staff Professional Development

Monday, March 12

Charter Choir Festival 10am-6pm

Tuesday, March 13

Secondary Annual Enrollment Celebration Meeting
8:30am or 2pm

Wednesday, March 14

National Latin Exam 1pm

Thursday, March 15

Secondary Annual Enrollment Celebration Meeting
8:30am or 6pm



Dear American Prep Families,

February Builder Theme: I am a builder when I befriend others.

The word *befriend* is an old word that literally means *be a friend to by offering help or support*. There are some specific skills needed to truly befriend others such as empathy, respect, and tolerance. Yet one of the most important traits is plain old-fashioned kindness.

Make caring for others a priority

Too often, parents prioritize their children's happiness and achievements over their children's concern for others. But children need to learn to balance their needs with the needs of others, whether it's passing the ball or deciding to stand up for friend who is being bullied. Help your child honor commitments, even if it is uncomfortable. Before she quits a sports team, band, or a friendship, help her to consider her obligation and encourage her to work out problems instead.

Some things to try

- Instead of saying: "The most important thing is that you're happy" say, "The most important thing is that you are kind."
- Make sure that your child always addresses others respectfully, even when they're tired, distracted, or angry.
- Emphasize caring when you interact with others including spouses, teachers, and store clerks.

Provide opportunities to practice

Children who have a habit of performing acts of kindness and expressing gratitude are more likely to be helpful, generous, compassionate, and forgiving as well as happy and healthy. Learning to be caring is like learning to play a sport or an instrument. It requires daily repetition!

Some things to try...

- Don't reward your child for every act of helpfulness. Expect them to help around the house, with siblings, and with neighbors and only reward uncommon acts of kindness.
- Make gratitude a daily ritual at dinnertime, bedtime, in the car, etc.

Expand your child's circle of concern.

Almost all children care about a small circle of their families and friends. Our challenge is help them learn to care about those outside that circle such as the new kid in class or someone from a different culture.

Some things to try...

- Ensure your child is friendly and grateful to all the people in their lives such as a bus driver or the waitress.
- Encourage your child to care for those who are vulnerable like comforting a classmate who was teased.
- Use a newspaper or TV story to encourage your child to think about hardships faced by children in another country.

Be a strong example.

Children learn ethical values by watching the actions of adults they respect as well as processing through ethical dilemmas with adults, e.g. "Should I play with John at recess when my best friend doesn't like him?" As role models, we need to practice honesty, fairness, and caring ourselves. But we won't be perfect all the time. It is powerful to acknowledge our mistakes and flaws.



Some things to try...

- Model caring for others by performing acts of service to others in the community. Even better, include your child.
- Discuss ethical dilemmas during dinner or at bedtime. Listen to your child’s perspective as you help him resolve situations he’s faced in his day.

2018-2019 Enrollment

The following names have been drawn in the lottery for **sibling/staff enrollment** for the 2018-2019 school year for kindergarten as well as 4th grade and families will be contacted to complete additional enrollment steps:

Kindergarten

*Students born between June 1st and September 1st are accepted on a provisional enrollment due to APA’s rigor and high academic standard. If you have questions regarding provisional enrollment, contact the K-3 Director, Mrs. Woolston at ewoolston@apamail.org.

Abdiwhite Abdirahman	Matthew Chavira*	Allison Lerwill	Jose Olmedo	Taelee Reyes
Johan Amador	Laura Christenson*	Lori Loki Mast	Alexa Perez	Penolope Rojas
Riley Austin	Spencer Dean*	Angel Lopez Ceballos	Alina Perez	Galilea Saavedra
Zabrielle Baum	John Del Cid	Hudson MacAvoy	Kevin Perez-Tapia*	Maggie Smith
Charlotte Blackburn	Caleb Drew*	Favor Majur	Jeffrey Peterson	Kaitlyn Susate
Peter Burk*	Maverick Fuchs	Alison Morales	McKenzie Phung	Alfonso Torres*
Amy Campillo	Isabella Guyer	Kevin Moreno	Jarely Ponce	Ellie Veenendaal
Ayden Chavez	Albert Kauvaka	Jaxxon Nelson	Mateo Quezada	Ava Youngberg

4th Grade

Giovanni Aguilar	Nathan Gomez	Tracie Phung
Sulyman Amiri	Sudesysi Ismail	Anneliz Romo
Sylvia Calderon	Nicka Kinere	Viliami Tahi
Abad Canchola	Ashley Lopez	Savannah Vasquez
Isabella Carpenter	London Magana	
Wesley Carpenter	Nahomi Membreno	
Fernando Flores	Alexander Owen	

Chick-Fil-A Spirit Night

We appreciate the MANY families that came to support us at the APA Spirit Night at Chick-Fil-A on Thursday! The lobby was filled with American Prep families eating dinner, visiting, and having a good time. Thank you for



joining us for a fun evening. Watch future newsletter to see how much money was earned at our Chick-Fil-A Spirit Night!

School Spelling Bee

We had exciting spelling bee competitions happening on Thursday as students were able to show what they know!

Spelling Bee Winners 1st- 3rd Grade

1st: Kohen Gongaware

2nd: Jordan Palmieri

Spelling Bee Winners 4th – 8th Grade

1st: Tamara Castillo

2nd: Heather Huynh

3rd: Hannah Christensen

4th: Nickolas Guerra

From the Academic Office

Please remember that we are working on becoming a healthier campus and raising healthier students with the exception of a recent fundraiser. Please do not bring in food items, treats or drinks to celebrate birthdays. You are welcome to bring in non-food items such as pencils, erasers, etc. in the elementary classrooms. Please contact the elementary directors with any questions. K-3 Director Mrs. Woolston ewoolston@apamail.org 4-6 Director Mrs. Rodriguez jrodriguez@apamail.org

Staff Appreciation Week Volunteers & Donations Needed

Staff Appreciation Week is March 19th-23rd and we need many volunteers to make it a success! This is a fun event organized by parent volunteers to show the gratitude we have for our APA staff. We love our kids' teachers, and all of those around the school that take care of our children each day. This is a really special way to get in your volunteer hours and as parents, show appreciation we have for the APA staff! We will be providing meals to staff throughout the week and we need more parent volunteers like us to help with set up and serving of these meals. If you are able to donate time, please go to:

<http://www.signupgenius.com/go/20f094cabab2ca3ff2-staff1>

We also need donations of items to help complete these meals. For a list of the items needed and to sign up, please go to: <http://www.signupgenius.com/go/20f094cabab2ca3ff2-staff>

If you own a business or know of someone who does, or would just like to donate something else, we are also taking monetary or gift card donations for this event. Please contact Nancy Patterson at npatterson@apamail.org or Allison Dexter at allieldexter@gmail.com if you have donations or questions about this event. We would love to have you help with this event! Look for information about door decorating in the newsletter next week ☺



Vision Screenings

We will be conducting **vision screenings** for all **Kindergartens & Grades 7th- 12th** on **February 28th, 2018** from **12:10pm to 2:00pm** at the **West Valley II Campus**. The students will be given a distance vision test. We will notify you of the results of the test if your student fails. Likewise, if your student fails, you will receive a referral letter with more instructions.

Vision screening is not a substitute for an eye examination by an eye care specialist, and it is important that your child sees an eye care specialist once a year to evaluate eye health. If you do not wish your child to participate in the screening program, please pick up an exemption form at the Office.

We need a LOT of **parent volunteers** to assist with vision screenings. A short 15 minute training is provided, and this is a great way to get in your volunteer hours! This is not a volunteer opportunity that will work to bring small children.

Please contact Tatem Sanford, APA's District Nurse, at nurse@apamail.org or 480-206-8851 with questions or if you are available to volunteer.

Be a Hero--Save lives!

Do you know that for every donation of blood, you can save up to 3 lives? That is a hero for sure! APA WV2 will have a blood drive on Wednesday, February 28th from 11am-3:45 in our small gym. Students must be 16 years old, have parents sign the permission form, and meet the physical requirements. We will be signing up during lunches so please help your students get their permission forms signed. We also invite any parents or other adults who want to join either with or without your student. It takes about an hour to donate, depending on the turnout, so sign up for an early time! Contact Mrs. Okelberry at tokelberry@apamail.org to set up an appointment time. Please come save lives!

SheTech Explorer Days

Attention all 9th-12th grade girls. It's time for SheTech Explorer Days! Do you want to explore the exciting careers available to girls? This is the day for you! This will be held on Thursday, March 1st from 7:45-2:30 at the Mountain American Expo Center in Sandy. We will take a bus from WV2 campus, if you are interesting in attending. Please note, this is a REGULAR school day so you will be missing all your Thursday classes. You must wear your FULL UNIFORM and complete a registration and permission form for you to attend. There are still some classes available, but you must hurry! Please go to SheTechExplorer.com to register. See the front office or a counselor for permission forms. If you have any questions of want to volunteer, please email Mrs. Okelberry at tokelberry@apamail.org

Expanding Your Horizons

Expanding Your Horizons is a day for 6th-8th grade girls to attend Utah Valley University and explore some of today's most exciting careers and university programs. The registration is only \$10. See your science teacher or a counselor for a registration form. Registration fee, registration form, and permission forms must be turned in to the secondary offices by February 14th. After that, registration will be difficult as classes will be limited. If you have any questions or want to volunteer, please email Ms. De La Rosa at jdelarosa@apamail.org.



Annual Enrollment MANDATORY Parent Meeting

Pull out your calendar, phone, planner, sticky notes--whatever your preferred method is for organizing your life--and please write down these important dates and times for our “Celebration of Excellence” mandatory annual enrollment Parent Meeting:

Tuesday, March 6 @ 8:30am OR 2pm (parents of elementary students entering 1st-6th grade)

Thursday, March 8 @ 8:30am OR 6pm (parents of elementary students entering 1st-6th grade)

Saturday, March 10 @ 9am (parents of elementary students entering 1st-6th grade)

Tuesday, March 13 @ 8:30am OR 2pm (parents of secondary students entering 7th-12th grade)

Thursday, March 15 @ 8:30am OR 6pm (parents of elementary students entering 1st-6th grade)

Saturday, March 17 @ 9am (parents of secondary students entering 7th-12th grade)

We look forward to meeting with all of you at this annual event! This is an opportunity to give our stakeholders--you, our amazing APA parents--a report on the academic year, discuss pertinent school topics and to **distribute the registration packets necessary to complete the first step in the re-enrollment for next year**. Our veteran parents already know this—but may we stress for the benefit of our newer parents that this is one of our mandatory meetings during the year. To most easily accommodate your schedules, we will be holding the meeting at 10 different times. You only need to attend one. Please make arrangements to have at least one parent in attendance. Doors will lock promptly at start time and there will be no late admittance. Families that do not attend an enrollment meeting will be dropped from enrollment at American Prep.

We look forward to seeing you and having this first enrollment step complete. We are excited for this opportunity to celebrate the excellence of American Prep and our West Valley 2 campus!

Utah All-State High School Art Show – Izzy Baker

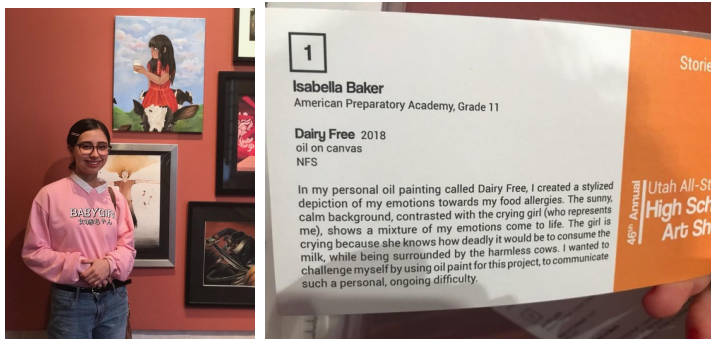
Our very own 11th grader, Izzy Baker from the West Valley 2 campus has been selected as an artist for the Utah All-State High School Art Show, Springville Museum of Art, February 4th- March 24th 2018.

The Utah All-State High School Art Show was established 45 years ago to honor the best high school artists in the state for their talent, creativity, and dedication. The purpose of this exhibition is to foster original visual art among Utah teenagers by providing a professional forum for student artists. This exhibition is the result of an ongoing collaboration between the Springville Museum of Art, high school teachers, students, and various private partners. A panel of professional artists and arts administrators carefully studied each of the 989 entries from around the state to select the works of art featured in this exhibition. Comprising of 345 works from 98 high schools across Utah, this exhibition represents the promise of this young generation of artists.

The works selected for the traveling exhibition illustrate the exceptional talent, diversity, originality, and creativity of Utah’s young visual artists. The exhibition is also a tribute to the art teachers in Utah’s high schools who inspire, direct and refine the work of these artists.



Please support Izzy by visiting the show!



Parent University @ WV1 – February 28th @ 6:00 PM

Join us on Wednesday, February 28th at WV1 for Parent University from 6-7:00 pm. This event is presented by GEAR UP. This parents-only event will feature professionals from Paradigm Shift; they are experts in the field on a national level. We are keeping our Latino families in mind. Speakers will discuss scholarships, financial aid, the college application process, and more. This event will be in **both** Spanish and English, it is for accessible any West Valley parent. Parent University event will count toward your parent volunteer hours; secondary parents will also earn **two tardy removals** for each of your students! This might help them avoid Saturday School. If you have any questions, please email Rob Guido (rguido@apamail.org). See you there!

Sistema News

Our FREE Suzuki parent classes will be beginning on Wednesday, March 7th. It is a series of four classes where we will learn about the Suzuki Method, ideas on how to motivate your children to practice, enjoying the journey of learning to play an instrument and have a lot of fun! Please email Mrs. Christensen at tchristensen@apamail.org to be added to the list.

Parents of AP Students

Second semester is here already. Our hard-working AP students are making great progress. AP teachers are working diligently to prepare them for college entrance and the big exams later this spring. The majority of AP students elect to purchase the year-end exam. The cost is **\$94** per exam, or **\$53** if your family participates in the federal Free/Reduced lunch program. For your convenience we've added the AP fees to Aspire profiles; if your student later decides not to test they can be removed. We also allow multiple small payment installments to help ease this process. We're accepting payments in the high school office now. You can even pay over the phone. All exams must be **paid in full before March 16, 2018**. Please do not allow high cost stop your student from engaging in the exam. If your family requires assistance, please have an adult contact Mr. Guido privately and options can be discussed. Although this exam is not required, APA does highly recommend it. Passing the test with a score of 3 or higher typically equates to college credit at their future university.