



AMERICAN PREPARATORY ACADEMY

School Calendar – WV2 Campus

September 21, 2018

Check the website calendar for all practices, rehearsals, and clubs @ <http://westvalley2.americanprep.org/>

Check the Facebook page for fun information @ <https://www.facebook.com/americanprepWV2>

Monday, September 24	JH Volleyball @Maeser Prep 4:30pm/5:30pm
Monday, September 24	JH Soccer vs. Dual Immersion 3:45pm
Tuesday, September 25	K-3 Picture Day
Tuesday, September 25	HS Volleyball @Rowland Hall 5:45pm/7pm
Tuesday, September 25	HS Baseball vs. APA Draper 4pm
Wednesday, September 26	Blood Drive 12pm-4:15pm
Wednesday, September 26	8 th Grade Barn Event 10am-2:30pm
Wednesday, September 26	Sistema Carnival 2:30pm-4:30pm
Thursday, September 27	4-6 Picture Day
Thursday, September 27	5 th Grade FRIENDship Event 12:40pm-3:10pm
Thurs.-Sat. Sept. 27-29	Shakespeare Competition

Looking Ahead...

Monday, October 1	4-6 Grade Field Trips
Tuesday, October 2	Parent Night (Preventing Substance Abuse) 6pm
Wednesday, October 3	Hearing Screenings
Thursday, October 4	6 th Grade FRIENDship Event 12:40pm-3:10pm
Friday, October 5	Spirit Wear Day (4-12 grades)
Friday, October 5	1-3 Field Trips
Tuesday, October 9	FAFSA Completion Open House 5:30pm-7:30pm
Wednesday, October 10	12 th Grade Senior Sunrise 7am – 10:30am
Wednesday, October 10	8 th & 9 th Grade PSAT test & 12PM dismissal
Wednesday, October 10	10 th & 11 th Grade PSAT/NMSQT test 8am
Wednesday, October 10	10 th Grade 12PM Dismissal
Wednesday, October 10	11 th Grade Overlook Hike 12:30pm-4:30pm
Friday, October 12	Spirit Wear Day (K-3 Only)

Looking Ahead.....

October 15-19	No School – Fall Break
Monday, October 22	School Resumes 8am
October 22-26	College Week
Tuesday, October 23	Secondary College Visits Day



Wednesday, October 24	College Fair
Thursday, October 25	Elementary PTCs 3pm-7pm
Friday, October 26	Elementary No School PTCs 8am-1pm
Wednesday, October 31	All Students Early Dismissal 12pm/12:20pm Staff Professional Development

Hello American Prep Families,

Our Builder Theme for the month is “I Am A Builder When I Show Enthusiasm!”

The meaning of enthusiasm is intense and eager enjoyment, interest, or approval.” The source of the word is the Greek “enthousiasmos,” which ultimately comes from the adjective entheos, “having the God within.”

This week we are focusing on the characteristics of enthusiastic people. As you read the six traits below, think about yourself and your strengths. Pay attention throughout this week to the characteristics that you could improve upon with practice.

Enthusiastic people **RADIATE ENERGY**. When these people walk into a room, heads turn and people gather. Their smile lights up a room.

Enthusiastic people are **CURIOUS AND INTERESTED** in life. They love learning and live in a state of wonder, surprise, and delight.

Enthusiastic people **FOCUS ON THE GOOD** (even when things aren't). They emphasize what they can do rather than what they can't do.

Enthusiastic people **FEEL DEEPLY AND LAUGH OFTEN**. They show compassion for life's difficulties and use humor to help themselves and others through tough times.

Enthusiastic people **DO SOMETHING THEY LOVE** every day, no matter how small. They are passionate about their work, hobbies, craft, or the sports they play and it shows.

Enthusiastic people **SERVE A GREATER PURPOSE** than themselves. They have a desire to help others and build community.

<http://livingwithenthusiasm.com/characteristics.htm>

I challenge you to focus specifically on one of the characteristics above and become more enthusiastic! Invite every member of the family to participate and watch what happens to the atmosphere in your home.



Parent Emails

Our teachers use parent emails to keep families updated on student progress and upcoming projects and events. We ask that all parents ensure they have a current email address at American Prep so they can receive these important messages. Every week Ms. Tapia emails the newsletter to each family. If you are not receiving the newsletter electronically, please contact the front office to update your email or add an email address to your family information.

Volunteer Opportunities

1. Elementary Picture Day - Come help students line up, make sure everyone is in correct uniform and looking their absolute best for school picture day! K-3 pictures will be on Tuesday, September 25 and 4-6 pictures will be on Thursday, September 27. Each student will take an individual as well as a class picture for the yearbook. Parents are also welcome to purchase a picture package. See details below.
2. Sistema Carnival Fundraiser – We are so excited for the upcoming Sistema Carnival! Bounce Houses, Carnival Games, Face Painting and concessions will make this afternoon something you won't want to miss, but we need many volunteers to make this event a smashing success! Stop by the Sistema front desk to sign up or go to <https://www.signupgenius.com/go/30E0B45AEA92DA0F49-sistema3> to volunteer!
3. Help notify parents when students are absent. The elementary office needs volunteers to help make daily phone calls beginning at 8:30am. Please contact Ms. Wright or Mrs. Hymas or just stop by the office to volunteer. We would love to have someone commit to calling families daily. Thanks!
4. Start collecting Box Tops today! Send Box Tops with your student to help our school. It's fun to see classrooms compete to collect the most Box Tops and win a prize.
5. Donate blood. Come donate blood on September 26th from 12pm to 4:15pm. With Hurricane Florence the blood we donate is in high demand and will be gone within 48 hours. Please email Ms. Bateman or Mrs. Peterson to schedule a time. All donors will need a valid picture id. See additional details below.
6. Volunteer for the 5th or 6th grade ambassador event. Contact Ms. Nash at mnash@apamail.org for additional information and see below.

Thanks for all you do to make APA GREAT!

Be a Hero--Save lives!

Do you know that for every donation of blood, you can save up to 3 lives? That is a hero for sure! APA WV2 will have a blood drive on Wednesday, September 26th from 12pm-4pm in the multipurpose room. Students must be 16 years old, have parents sign the permission form, and meet the physical requirements. We will be signing up during lunches so please help your students get their permission forms signed. We also invite any parents or other adults who want to join either with or without your student. It takes about an hour to donate, depending on the



turnout, so sign up for an early time! Schedule your appointment or for more information, please log on to www.redcrossblood.org Sponsor Code: APA Please come save lives! You may also email Ms. Brogan Bateman or Mrs. Brienne Peterson to schedule a time! All donors need a valid picture ID.

Come donate on September 26th from 12:00-4:15 in the MP room. Our school has promised the Red Cross 41 Donors. Let's show our volunteerism and donate blood on September 26th!

Healthy Home, Healthy Students, Healthy School

The cold and flu season is upon us. Usually colds and flu, however uncomfortable they make us, are minor illnesses. But sometimes, serious complications can occur that may result in hospitalization.

The good news is that many of these common illnesses can be prevented with the right precautions. Please help us keep your students healthy by encouraging them to wash their hands frequently, not touch their face, and to not share drinks or food from their dishes with anyone. Here at the school, we are doing our best to keep surfaces disinfected and encourage you to do the same.

If students have a fever, throw up, or are constantly coughing we ask that you keep them home. We ask that a student be fever free for at least 24 hours before coming to school.

Spirit Wear Days!

We've got SPIRIT, yes we do

We've got SPIRIT, how 'bout you?

Did you know that the first Friday of each month students can wear spirit wear items? We may also choose other days during the month as a designated Spirit Day! Watch your newsletter for details.

We now have a spirit wear store located in the Jr. High office. We have hoodies, t-shirts, baseball caps and baseball tees. You may purchase your spirit wear at the school or check out all our spirit wear options online:

<http://www.americanprep.org/product-category/spirit-wear/>

The following days are upcoming designated spirit wear days:

Friday, October 5 Spirit Wear Day for 4-12 grades

Friday, October 12 Spirit Wear Day for K-3 grades

Spirit wear is a fun way to show school pride and increase spirit at American Prep.

Hearing Screenings – K, 1st, 3rd Grades & new students

We will be conducting hearing screenings for all students in Kindergarten, 1st grade, 3rd grade, students new to the district and students that teachers have concerns about their hearing. The screening will be conducted on October 2nd. A hearing screening is a brief test to check on hearing acuity at the frequencies of 500, 1k, 2k, 4k at 20dB. If there is any concern about your child's hearing you will be notified and advised as to the need for more comprehensive evaluation. This note is to inform you of the hearing screening and advise you that if you DO NOT wish to have your child's hearing screened please send us a written denial.



Immunizations

Immunizations are very important to keep our children safe from preventable communicable diseases. All children entering Kindergarten must be up to date with a second MMR, Varicella, final polio and Tdap immunizations. Those entering 7th grade must have received a Tdap booster as well as a Meningococcal vaccine. If your child is not properly immunized, you will receive a letter in the mail requesting proof of immunizations. If this documentation is not provided, your child will be excluded from attending school. Questions regarding Utah immunization requirements can be answered by the Utah Department of Health. <http://www.immunize-utah.org/> or our District Nurse Tatem Sanford, RN. schoolnurse@apamail.org More information about immunizations can be found at <https://www.cdc.gov/vaccines/index.html>

School Lunch News

School lunch is being served! Our amazing school lunch team is working hard to make improvements and adjustments, thank you for your patience! If you have feedback, questions, or concerns, you can email lunch@apamail.org. Families who qualified for free/reduced lunch during the 2017-2018 school year and have not completed a new application, must do so this week in order to maintain their free/reduced status. All students who do not have a new application for the 2018-2019 school year will revert to full pay status this week.

If you have not had a chance to complete the Free/Reduced lunch application, we invite ALL families to do so! It helps as our school seeks funding for the many programs that we provide here at APA. You can find the link here: <https://www.americanprep.org/school-lunch-program/>. You can also request a paper application from a lunch worker at the school.

Online ordering for October is now available.

Deliveries for Students

Please do not order Uber Eats, Jimmy Johns or from any other delivery place for your student. We are unable to sign for student deliveries, and we will not call your student out of class for the delivery. This interrupts the academic day and oftentimes these deliveries are not arriving during student lunch hours. We will refuse all food delivery orders for all elementary and secondary students going forward.

Recruit the Best and Retain the Best!

We all know that American Prep's greatest assets are our teachers and staff!

Research shows that the most important factor affecting student learning is his or her teacher. When students are placed with a high performing teacher three years in a row, gains in student achievement are significant and their chances of attending college are increased.

Friends of APA has created a unique way to say "thank you" by forming the Builders Club. The Builders Club is a program that provides bonuses and staff compensation for our teachers. We invite all our parents to become members of the



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Builders Club by making monthly donations for each student that attends APA. We want to reward our teachers so we can retain them and provide an excellent education for our students well into the future.

To join the Builders Club, go to <https://www.americanprepfoundation.org/apa-builders-club> and complete the form. If you prefer to donate in person each month, you can donate at the front office.

Elementary News

School Picture Days Tuesday, September 25 (K-3rd) & Thursday, September 27 (4th-6th)

We are looking forward to picture day for elementary students on Tuesday, September 25th and Thursday, September 27th. Kindergarten through 3rd grade students will have their individual and class photo taken on Tuesday, September 25th and 4th through 6th grade students will have their picture taken on Thursday, September 27th. All students will have their picture taken for the yearbook and for the class photo. Envelopes for purchasing pictures will be sent home in communication envelopes. You may also prepay online by completing the following steps:

- Go to www.bellphoto.com before picture day
- Click on the PREPAY link
- Enter online code: apawv2es2018
- Follow the prompts to complete your order
- Print your receipt and enclose in payment envelope

Elementary Drop Off Table

What do you do when your student forgets lunch or an assignment and needs you to drop something off for them? We now have a "Drop Off" table in the Elementary lobby at the main entrance. We do everything we can to avoid interrupting classes. Just let your student know that you will drop the item off at the table with their name on it and they can stop by between classes or during lunch to pick it up. We do not deliver to classrooms and will not interrupt academic minutes to allow you to deliver to the classroom either. This table is also used for dropping off lunches. We prefer you order school lunch for your student or implement a system which ensures the lunch is in the backpack each morning, however we understand there may be rare occasions when a lunch is forgotten. The table may be utilized for these rare occasions. Thank you for your understanding. Please let us know if you need assistance in ordering school lunches. We are happy to assist!

5th Grade FriendSHIP Ambassador Event

Welcome Aboard the APA FriendSHIP 5th grade students! Thursday, September 27th we will have our first Ambassador Event of the year. During this event, students will travel from station to station learning important skills about being a true friend. Activities will include a challenging obstacle course, food, friends, and so much more! This event will go from 12:40 p.m. – 3:10 p.m. on Thursday September 27th so mark your calendar because you don't want to miss this! We are always looking for parent volunteers! If you are willing, please contact Ms. Nash at mnash@apamail.org or 385.351.3090 ext. 1234.



6th Grade Friendship Activity

On Thursday October 4, our 6th grade students have their first Ambassador event! This event will teach them the value of being a good friend, some valuable dining etiquette skills and other awesome Ambassador skills. This event runs from 12:40pm until 3:15pm at the school. If you'd like to volunteer for this event, please contact Ms. Nash at MNash@apamail.org.

Sistema Notes

Sistema Strings has had a very busy performing season so far. They did a great job performing the National Anthem at the University of Utah Women's volleyball game this last Friday. Thank you to everyone that came out to support us!

We have our Annual Sistema Carnival Fundraiser this Wednesday, September 26th from 2:30-4:30 p.m. We will not have regular Sistema that day as it is the carnival. Everyone who would like to attend will need to purchase a \$10 wristband that is an all- inclusive activity pass. We will also be selling concessions at the fundraiser - please send the students with extra money that day. This event is open to the entire school as well as other members of your family. Anyone who is not enrolled in Sistema and would like to attend the event will need to be accompanied by an adult. This fundraiser will go towards helping to keep Sistema free for everyone. We also need some parent volunteers to help make this event successful. Stop by the Sistema front desk to sign up or go to <https://www.signupgenius.com/go/30E0B45AEA92DA0F49-sistema3>

We will have bounce houses, carnival games, face painting, balloon animals, carnival games and lots of fun!! Thank you for your support!

Secondary News

Students and parents please come to our substance abuse night on October 2nd at 5:30 pm. There will be great discussion and information regarding substance abuse. Also students can get two tardies removed by attending!

JH Girls Volleyball Team

Jr. High Volleyball has started and WOW these girls are impressive. Coach Torres and assistant Coach Jones have two teams of 6th-8th grade girls. Both teams have won several of their games already and are looking good to go to championship tournament if they continue winning their games the way they are. We are so proud of our APA volleyball girls and all their hard work they put in to practice as well as working to keep their grades up. WAY TO GO EAGLES!

Senior Shirts

Senior shirts are now available for purchase in the high school office for \$15! The proceeds of these shirts will go towards the senior class gift to APA. They are approved spirit wear items, which means they can be worn the first



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Friday of every month, as well as other designated days throughout the month. These would be a great gift for your senior, or a great item for a parent to show support for your class of 2019 graduate! Stop by the high school office to get one today!

Collegium Hall News

We are happy with how well Collegium Hall has been going these last few weeks. We appreciate you working with us to help our students be successful. With that being said, we are constantly striving to improve and know what is working and what we can do better. Please take a moment to complete the survey below [before this next Friday, September 28th](#).

<https://goo.gl/forms/WJDcUNw1VIM0jYWz1>

7th Grade Leaders for Life

Students in 7th grade had their FIRST Ambassador event of the year earlier this week. Leaders for Life was a huge success! Students learned important skills on how to be a leader, how to make friends, how to escort a lady as well as additional skills to prepare them for success in many environments. Thank you, parent volunteers and faculty for making this event rewarding for the 7th grade class!

8th Grade Barn & BBQ

On Wednesday September 26, our 8th grade students will be attending the Barn & BBQ at Lone Peak Park. Our students will be learning things like how to write a thank you note, how to get through trials, how to do the cowboy cha-cha and they learn some valuable dining etiquette skills. We will be leaving the school at 10:45am and returning to the school by 2:10pm. If you'd like to volunteer for this event, please contact Ms. Nash at MNash@apamail.org.