



AMERICAN PREPARATORY ACADEMY

School Calendar – WV2 Campus

January 11, 2019

Check the website calendar for all practices, rehearsals, and clubs @ <http://westvalley2.americanprep.org/>

Check the Facebook page for fun information @ <https://www.facebook.com/americanprepWV2>

Monday, January 14	JH Girls Basketball vs Dual Immersion 4:30pm/5:30pm
Tuesday, January 15	HS Girls Basketball @ Waterford 5:30pm/7pm
Wednesday, January 16	Secondary Legislative Training Event 8am-2:10pm
Wednesday, January 16	JH Girls Basketball Game @Entheos 4:30pm/5:30pm
Wednesday, January 16	HS Boys Basketball @Waterford 5:30pm/7pm
Thursday, January 17	HS Girls Basketball @Rockwell 5:30pm/7pm
Friday, January 18	All School – EARLY DISMISSAL 12pm/12:20pm
Friday, January 18	Professional Development for all staff
Friday, January 18	HS Boys Basketball @Merit 4:30pm/6pm
Friday, January 18	End of 3 rd Term for Secondary Students

Monday, January 21	No School – Martin Luther King Jr. Day
Tuesday, January 22	Elementary Re-Enrollment Meeting 8:30am/2pm
Tuesday, January 22	Parent Night – Suicide Prevention 6pm-7pm
Tuesday, January 22	HS Girls Basketball @APA Draper 5:30pm/7pm
Wednesday, January 23	ACT Bootcamp 12:45pm-2:10pm
Wednesday, January 23	Winter Group/Sports Pictures 12:45pm
Wednesday, January 23	7 th Grade Rising Stars Event 1pm-3:45pm
Wednesday, January 23	JH Girls Basketball vs Spectrum 4:30pm/5:30pm
Wednesday, January 23	HS Boys Basketball vs APA Draper 5:30pm/7pm
Thursday, January 24	Elementary Re-Enrollment Meeting 8:30am/6pm
Thursday, January 24	Ambassador Council Training 2:30pm-7pm
Thursday, January 24	HS Girls Basketball vs Wasatch Academy 5:30pm/7pm
Friday, January 25	HS Boys Basketball @Rowland Hall 5:30pm/7pm
Friday, January 25	HS Girls Basketball @Merit Academy 5:30pm/7pm

Looking Ahead.....

Monday, January 28	JH Girls Basketball vs Monticello 4:30pm/5:30pm
Tuesday, January 29	HS Girls Basketball vs Rowland Hall 5:30pm/7pm
Tuesday, January 29	K-3 & 4-8 Spelling Bee
Tuesday, January 29	Secondary Re-Enrollment Meeting 8:30am/2pm
Wednesday, January 30	Secondary Re-Enrollment Meeting 8:30am/6pm



Wednesday, January 30	7 th -12 th Grade Spirit Bowl Assembly
Wednesday, January 30	HS Boys Basketball @Rockwell 5:30pm/7pm
Wednesday, January 30	JH Girls Basketball @Excelsior 4:30pm/5:30pm
Thursday, January 31	9 th Grade Capitol Trip – Museum Day on the Hill 8am-1:30pm
Thursday, January 31	5 th Grade Reaction Time Activity 12:35pm-3:45pm
Friday, February 1	Spirit Wear Day!
Saturday, February 2	Secondary Re-Enrollment Meeting 9am
Saturday, February 2	9 th Grade Winter Dance 4pm-6pm

Hello American Prep Families,

Our Builder Theme for the month of January is “I am a builder when I think positive thoughts about myself and others.”

Our thoughts have great power to determine the course our lives will take. Our thoughts are something we have control over, and by controlling our thoughts, we have the ability to chart our life’s course! Have you ever thought about the fact that we actually get to choose our thoughts?

We are endeavoring this month to help our students understand the great power of their thoughts. In today’s world this is especially critical, as children have many, many inputs into their minds that they have to deal with.

We know that students who develop a reasoned response (in their mind) to difficult situations are children who successfully navigate the many challenges of life.

For example, when an elementary student is asked to move a card, they are confronted with their own imperfection. The child who has a healthy, reasoned response in their mind such as “Well, this is embarrassing. I hate moving cards. But it’s ok, everyone moves cards sometimes” is a healthy child and one who is well on their way to developing the resilience required to make it through life’s many challenges. A teenager who sees something negative about themselves on social media and who has an automatic, reasoned response such as “Wow that person really must have a problem to be spending time trying to bring me down. Life’s too short to deal in this negativity” (and then hopefully takes a step to distance themselves from the situation) is a teen developing resilience. We are excited about the opportunity to focus specifically on thinking positive thoughts about ourselves and others throughout the month of January!

Annual Enrollment MANDATORY Parent Meeting

Pull out your calendar, phone, planner, sticky notes--whatever your preferred method is for organizing your life--and please write down these important dates and times for our “Celebration of Excellence” mandatory annual enrollment Parent Meeting:

Tuesday, January 22 @ 8:30am OR 2pm (parents of elementary students entering 1st-6th grade)
Thursday, January 24 @ 8:30am OR 6pm (parents of elementary students entering 1st-6th grade)
Saturday, February 9 @ 9am (parents of elementary students entering 1st-6th grade)



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Tuesday, January 29 @ 8:30am OR 2pm (parents of secondary students entering 7th-12th grade)
Wednesday, January 30 @ 8:30am OR 6pm (parents of elementary students entering 1st-6th grade)
Saturday, February 2 @ 9am (parents of secondary students entering 7th-12th grade)

We look forward to meeting with all of you at this annual event! This is an opportunity to give our stakeholders--you, our amazing APA parents--a report on the academic year, discuss pertinent school topics and to **distribute the registration packets necessary to complete the first step in the re-enrollment for next year.** Our veteran parents already know this—but may we stress for the benefit of our newer parents that this is one of our mandatory meetings during the year. To most easily accommodate your schedules, we will be holding the meeting at 10 different times. You only need to attend one. Please make arrangements to have at least one parent in attendance. **Doors will lock promptly at start time and there will be no late admittance.** Families that do not attend an enrollment meeting will be dropped from enrollment at American Prep.

We look forward to seeing you and having this first enrollment step complete. We are excited for this opportunity to celebrate the excellence of American Prep and our West Valley 2 campus!

Secondary Yearbook Sale

Yearbooks will be on sale at lunch Jan. 14-18. The cost is \$45 for the yearbook. You can add a Digital Name Imprint for \$5 or a Name Plate for \$8 until Jan. 25th. You can also purchase a copy by going to www.bit.ly/APA-WV2. Reserve your copy today, the price goes up on Feb 1st!

Lost and Found

We continue to have many items in the lost and found. Please take a moment to write your child's name on his/her sweaters, cardigans, coats and more. Items left in the lost and found at the end of the month are donated to local charities.

Parent Student Handbook Highlight

Tardies

School begins at 8:00 each morning and classroom doors are locked at that time. Students arriving after 8:00 a.m., or any other time during the day outside of carpool times, must be accompanied into the school *by an adult* to be signed in.

Check-ins and Check-outs During the Day

1. Because we teach “bell to bell,” it is vital that students remain for the entire school day. Parents are encouraged to schedule appointments outside of school hours whenever possible. For students in grades 1-6, afternoon appointments are preferred so that students don't miss reading or math instruction.
2. If a student needs to be checked-in during the school day, the student must be accompanied into the school *by an adult* and signed in at the office.



3. If a student needs to be checked-out during school hours, the parent/guardian must come into the school and sign the student out. Students will not be released from class until parents arrive at the school. For safety reasons, students will not be sent out to meet parents at the curb outside of regular carpool times. To minimize missed academic time, students will not be released from class until parents arrive at the school.
4. Your student must be in attendance at least 4 hours during a school day in order to be considered present for the day. If you check in after 11:15 p.m. or check out before 12:00 p.m. on M, T, or F, your student will be counted absent. If you check your student in after 10:15 a.m. or check them out before 12:00 p.m. on W or Thursday, they will be counted absent.
5. Students will not be released to any person not listed on the emergency contact section of the registration card without prior written authorization from the parent.

Empowering Your Tomorrow

On February 2nd Utah Valley University is hosting their annual "Empowering your Tomorrow" Conference. This is a math, science, and technology based conference for **female students grades 5-12**. There will be hands on workshops and experienced key note speakers to empower women to embark in these female minority fields. The cost is \$25 unless your student is approved for free or reduced lunch, then the cost is \$10. Students will need to meet at the school to board the bus at 7:30 and will be back at the school at 4 pm. We do need parent volunteers to make this trip possible and it can count towards your required parent volunteer hours. If you're interested please email me lpetherbridge@apamail.org.

If your student is interested, please fill out the permission slip and have them bring it to a counselor.

School Lunch

The menu for January is now available. There is A CHANGE in January in that we are offering the muffin and breadsticks EVERY WEEK! These are the 2 most popular items.

You can now order online - the link for online ordering can be found here:

<https://www.americanprep.org/school-lunch-program/>

Also, reminder if your child has received a school lunch due to them forgetting a home lunch or not ordering a school lunch and has NOT paid for it yet please come to the lunch room or call the lunch staff at (801) 810-3590 opt 3. **New menu items coming January 7, 2019 (Pizza, Tacos, & Nuggets).**

Staff Appreciation Week

OK Parents!! It's that time of year when FSO starts getting ready for Staff Appreciation Week happening in March. There are going to be a lot of opportunities to volunteer but to get started if you have contacts for any stores or restaurants and they can donate any items (food, gift cards, etc) please send them my way. (Ashlee Youngberg wv2fso@apamail.org)

Also, if you are willing to donate a good amount of time helping me make phone calls, sending emails and running errands please contact Ashlee to let her know at wv2fso@apamail.org.



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THANK you all for the help and support we have received this year so far.

ACT Prep Course

We have an exciting opportunity for your students to improve their ACT scores. The University of Utah will be coming to our school to do an after school ACT prep course. This is a very rigorous and beneficial course for students that will help them improve their ACT score, which in turn helps them receive more scholarships and financial aid for college. This course is normally \$270/person, but gear up funds they will be covering most of the cost. **Students are required to pay \$44.** The course will start **1/23/19 and end 2/13/19**, they are on **Mondays starting 3:30-6 pm and Wednesdays 2:30-5 pm.** Students taking the course need to commit to come to every class and the **final practice test date on 2/11/19 from 3:30-6:30.** If you are interested in having your child sign up please email Ms. Petherbridge at lpetherbridge@apamail.org or have your student stop by office 223 for more details. This is a great opportunity and there is limited space.

Legislative Day

WV2's Legislative Day is on Wednesday, January 16th! This is an all-day event for all of our 7th-12th grade students. Each grade will be learning about how laws are made, how to vote and other important details about the Legislative process. It's a fun day filled with games and interactive learning activities. **This is a very important day for your students to attend! If you want to volunteer, please contact Ms. Nash at MNash@apamail.org.**

Spirit Week 9th-12th Grade

We are so excited for Spirit Week! The theme this year is Traveling Through Time. Each grade is representing a different era, like the wild west, disco and the future. Spirit Week is Friday, January 24 through Wednesday, January 30. Our annual, giant, super exciting Spirit Bowl Assembly is on Wednesday, January 30 at 12:45 in the Large Gym. Make sure your 9th-12th grade students sign up to participate in our lunch games and Spirit Bowl activities! We also have special dress-up days during Spirit Week. Friday is Funky Hair Friday, Monday is Make-Up Monday, Tuesday is Tie-rrific Tuesday and Wednesday is Spirit Wear Day! Can't wait!

Winterim

Please remember that Winterim is still a required school day. Your student will have a graded experience and earn a semester's worth of credit if they are in high school. Our early release days will remain on Wednesdays and Thursdays. If you have any questions please email our directors jvinegar@apamail.org or Cpeterson@apamail.org. We thank you for your support and enthusiasm for Winterim 2019!

Sistema Notes

We are so excited to hear all of the music coming from the halls afterschool! It is awesome to see the joy they have every day and how much they are loving to learn their instrument!

Bravo to Sistema Strings for a job well done! They performed the National Anthem at the University of Utah vs. Arizona State Women's Basketball game last Friday. They did SO well!



As a reminder, with sickness going around right now, please email Mrs. Christensen tchristensen@apamail.org to let her know to please excuse your child. We do keep track of excused vs. unexcused absences. Please make sure your child attends Sistema regularly so that they do not fall behind in their studies.

The following are upcoming events for Sistema for you to place on your family calendars.

- Friday, January 18th - No Sistema - Noon dismissal day for professional development.
- Monday, January 21st - No Sistema - No School day for Martin Luther King, Jr. Day
- Wednesday, January 23rd 5 p.m. - Sistema Student Showcase in the MP Room
- Saturday, January 26th 9 a.m. to 4 p.m. at WV2 - Suzuki Convention for Parents and Teachers. The Suzuki Association of Utah will allow our parents to attend this convention for \$20 which includes breakfast, lunch and many classes for parents to attend. It would be well worth your time to attend and meet other parents who are in the same getting-your-child-to-practice experience as well.

If you have not yet completed the student data update form, please do so ASAP. We want to make sure that we have the most up to date information on your child to help keep them safe. You may go to the form below or complete it at the Sistema front desk. We will have a couple of laptops available for you to use.

<https://goo.gl/forms/oNiQ3SzLbCBFD1hL2>

Thank you for your support - we love our Sistema students and families!

HS Office Closed on Mondays & Tuesdays

Congratulations to the Patterson family! Mrs. Nancy Patterson gave birth to a baby girl on Wednesday, January 2nd. Both baby Afton and mom are doing well!

We are pleased to welcome Mrs. Youngberg as a part time substitute in the JH while Mrs. Meredith Patterson will temporarily move to the HS office. On Mondays and Tuesdays the JH office will take care of all secondary student and family needs while the HS office will be closed. Thanks for your understanding as Mrs. Patterson enjoys time with her new bundle of joy!

Love and Logic – What it is?

Love and Logic is a philosophy of raising and teaching children which allows adults to be happier, empowered, and more skilled in the interactions with children. Love allows children to grow through their mistakes. Logic allows children to live with the consequences of their choices. Love and Logic is a way of working with children that puts parents and teachers back in control, teaches children to be responsible, and prepares young people to live in the real world, with its many choices and consequences.

American Prep staff uses Love and Logic every day! Look forward to seeing Love and Logic tips in upcoming newsletters or receive additional information at www.loveandlogic.com.



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