



AMERICAN PREPARATORY ACADEMY

School Calendar – WV2 Campus

January 4, 2019

Check the website calendar for all practices, rehearsals, and clubs @ <http://westvalley2.americanprep.org/>

Check the Facebook page for fun information @ <https://www.facebook.com/americanprepWV2>

Tuesday, January 8	HS Girls Basketball @ Wasatch Academy 5:30pm/7pm
Wednesday, January 9	HS Boys Basketball vs Rowland Hall 5:30pm
Wednesday, January 9	JH Girls Basketball vs Excelsior Academy 4:30pm/5:30pm
Thursday, January 10	HS Girls Basketball vs Merit 5:30pm
Friday, January 11	HS Boys Basketball vs Rockwell 5:30pm

Monday, January 14	JH Girls Basketball vs Dual Immersion 4:30pm/5:30pm
Tuesday, January 15	HS Girls Basketball @ Waterford 5:30pm/7pm
Wednesday, January 16	Secondary Legislative Training Event 8am-2:10pm
Wednesday, January 16	JH Girls Basketball Game @Entheos 4:30pm/5:30pm
Wednesday, January 16	HS Boys Basketball @Waterford 5:30pm/7pm
Thursday, January 17	HS Girls Basketball @Rockwell 5:30pm/7pm
Friday, January 18	All School – EARLY DISMISSAL 12pm/12:20pm
Friday, January 18	Professional Development for all staff
Friday, January 18	HS Boys Basketball @Merit 5:30pm/7pm
Friday, January 18	End of 3 rd Term for Secondary Students

Monday, January 21	No School – Martin Luther King Jr. Day
Tuesday, January 22	Elementary Re-Enrollment Meeting 8:30am/2pm
Tuesday, January 22	Parent Night – Suicide Prevention 6pm-7pm
Tuesday, January 22	HS Girls Basketball @APA Draper 5:30pm/7pm
Wednesday, January 23	ACT Bootcamp 12:45pm-2:10pm
Wednesday, January 23	Winter Group/Sports Pictures 12:45pm
Wednesday, January 23	JH Girls Basketball vs Spectrum 4:30pm/5:30pm
Wednesday, January 23	HS Boys Basketball vs APA Draper 5:30pm/7pm
Thursday, January 24	Elementary Re-Enrollment Meeting 8:30am/6pm
Thursday, January 24	Ambassador Council Training 2:30pm-7pm
Thursday, January 24	HS Girls Basketball vs Wasatch Academy 5:30pm/7pm
Friday, January 25	HS Boys Basketball @Rowland Hall 5:30pm/7pm
Friday, January 25	HS Girls Basketball @Merit Academy 5:30pm/7pm

Tuesday, January 29	K-3 Spelling Bee & 4-8 Spelling Bee
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Hello American Prep Families,

Our Builder Theme for the month of January is “I am a builder when I think positive thoughts about myself and others.”

I am a builder when I think positive thoughts about myself and others. Buddha once said, “The mind is everything. What you think, you become.” This month we are helping the students understand the power behind thinking positive. At APA we want our students to become smart, strong, and service orientated. All of these require a positive way of thinking that will turn into an action. These actions are the good that we are going to see in the world.

We're the school called APA
Making a difference in the world today
We give our positive thoughts a voice
Yes! Builders always make that choice!

ROCK THE SOCKS: APA's Annual Community Donation Drive

ROCK THE SOCKS! A HUGE thank you to all of our students and families for the amazing amounts of donations. We are thrilled to announce that together we were able to donate 7,413 pairs of socks from our campus and an amazing total of 25,386 from all of our APA campuses. Thank you for helping those in need!

Elementary Report Cards

Report cards are now available by logging on to your Alma account. Please log in to view your child's report card. Contact your student's teacher with any questions regarding the report card.

Lost and Found

We continue to have many items in the lost and found. Please take a moment to write your child's name on his/her sweaters, cardigans, coats and more. Items left in the lost and found at the end of the month are donated to local charities.

Geography Bee

Congratulations to our Geography Bee Finalists and Grade Level Winners! They all did a fantastic job at the bee!

1st Place Winner: Elise Christenson

2nd Place Winner: Zaid Pazmino

4th Grade: Aiden Burquez, Drago Bravo, Weston Vogt, Jordan Palmieri

5th Grade: Maria Silva, Mariah Khan, Karis Kopp, Zach Nguyen

6th Grade: Betzaida Tolentino, Elise Christenson, Joselyn Ponce, Aaron Palmieri

7th Grade: Natalia Renteria, Stephanie Rios, Elora Vinecke, Andrew Chanhmany

8th Grade: Donovan Archer, Zaid Pazmino, Daniel Lopez



Winter Weather!

Winter is coming and days are getting cold! Please make sure your child has WARM clothing, because they go outside every day for recess and carpool. If school were to be delayed or closed, you could find out by listening to the news stations in the mornings beginning at 5:00 a.m. If Granite school district has closed schools or delayed the start of their day, we will also.

Empowering Your Tomorrow

On February 2nd Utah Valley University is hosting their annual "Empowering your Tomorrow" Conference. This is a math, science, and technology based conference for **female students grades 5-12**. There will be hands on workshops and experienced key note speakers to empower women to embark in these female minority fields. The cost is \$25 unless your student is approved for free or reduced lunch, then the cost is \$10. Students will need to meet at the school to board the bus at 7:30 and will be back at the school at 4 pm. We do need parent volunteers to make this trip possible and it can count towards your required parent volunteer hours. If you're interested please email me lpetherbridge@apamail.org.

If your student is interested, please fill out the permission slip and have them bring it to a counselor.

Air Quality Information

It's that time of year in Utah when poor air quality caused by inversions and cold weather becomes a health concern for many of us- especially children and those with asthma. Our schools will be checking the air quality daily on airquality.utah.gov and parents are welcome to do the same! When the particulate matter is **above 90** it is recommended that all students stay indoors, **this is very rare**. When the particulate matter is **above 55.5** students experiencing respiratory symptoms and those that are already "sensitive" (have asthma, chronic lung disease, compromised immune systems, congenital heart disease or other respiratory problems) should stay indoors. When the particulate matter is **above 35.5** we need to accommodate our sensitive students to avoid outdoor physical activities. Please keep a current health alert at the school and remember to send a doctor's note with your student if they need to stay indoors for recess.

According to the Asthma and Allergy Foundation of America, asthma is the leading cause of missed days due to a chronic illness. Asthma is also the most common illness among children. Teachers and parents need to watch for signs that the child may be experiencing asthma, such as:

Retractions, nasal flaring, nausea and vomiting, fatigue, shortness of breath, perspiration, inability to speak or lie down, an anxious look, stooped body posture, cough or wheeze after physical activity, child complains of chest pain or tightness, irregular breathing, rapid heartbeat, lips-nails-or mucous membranes may be gray or blue.

Common triggers: Running or playing hard, especially in cold weather, colds or flu, poor air quality, cigarette and other tobacco smoke.

What to do: Remain calm and reassure the student, stay with them and encourage them to breath slowly and deeply, have the student sit upright, take prescribed medicine as directed by their physician, the child should



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respond to this medication within 15-20 minutes, if there is no change or breathing becomes significantly worse call for emergency help and contact the parent or guardian immediately!

The inversion has caused many students to need their inhalers and we are finding that we have several students carrying inhalers who don't have a Health Alert form filled out in the office. If your student is carrying an inhaler, we **MUST** have a form filled out in the office. Please make sure we can keep your child safe and healthy by filling out a health alert form if your child has any health concerns that we need to know about at school. The front office and school nurse should also be notified with any major health changes.

School Lunch

The menu for January is now available. There is A CHANGE in January in that we are offering the muffin and breadsticks EVERY WEEK! These are the 2 most popular items.

You can now order online - the link for online ordering can be found here:

<https://www.americanprep.org/school-lunch-program/>

Also, reminder if your child has received a school lunch due to them forgetting a home lunch or not ordering a school lunch and has NOT paid for it yet please come to the lunch room or call the lunch staff at (801) 810-3590 opt 3. **New menu items coming January 7, 2019 (Pizza, Tacos, & Nuggets).**

Wright Driving School

American Prep is excited to welcome back Wright Driving School to provide driver's education to our secondary students again this year. This will be Mr. Wright's second course offered this year. It will begin on January 7th and run until January 17th. Mr. Wright provides a 9-day course for 2 hours after school each day. The cost is \$230 and is paid directly to Wright Driving School. If you'd like to sign up to be a part of this first class, you can do so at the High School Office. If you have any questions about the course, please feel free to email or call Mr. Wright at the information below. There will be one more course offered this year, in May.

Michael Wright

801-208-2328

michaelwrightjr@comcast.net

www.wrightdrivingutah.com

ACT Prep Course

We have an exciting opportunity for your students to improve their ACT scores. The University of Utah will be coming to our school to do an after school ACT prep course. This is a very rigorous and beneficial course for students that will help them improve their ACT score, which in turn helps them receive more scholarships and financial aid for college. This course is normally \$270/person, but gear up funds they will be covering most of the cost. **Students are required to pay \$44.** The course will start **1/23/19 and end 2/13/19**, they are on **Mondays starting 3:30-6 pm and Wednesdays 2:30-5 pm**. Students taking the course need to commit to come to every class and the **final practice test date on 2/11/19 from 3:30-6:30**. If you are interested in having your child sign up please email Ms. Petherbridge at lpetherbridge@apamail.org or have your student stop by office 223 for more



details. This is a great opportunity and there is limited space.

Legislative Day

WV2's Legislative Day is on Wednesday, January 16th! This is an all-day event for all of our 7th-12th grade students. Each grade will be learning about how laws are made, how to vote and other important details about the Legislative process. It's a fun day filled with games and interactive learning activities. **This is a very important day for your students to attend! If you want to volunteer, please contact Ms. Nash at MNash@apamail.org.**

Sistema Notes

Welcome back to Sistema from Winter Break!! We hope you had a wonderful time and cannot wait to hear about your wonderful adventures. We missed our students and are glad to be working with them again!

We will be assessing student levels this coming week and changing student levels as needed so that every student is with others in their same playing ability level. Please make sure that your child has their instrument at Sistema every day so that they are prepared. Also please encourage your child to practice at home daily to help them to learn their required songs and not fall behind.

The following are upcoming events for Sistema for you to place on your family calendars.

- Friday, January 18th - No Sistema - Noon dismissal day for professional development.
- Monday, January 21st - No Sistema - No School day for Martin Luther King, Jr. Day
- Wednesday, January 23rd 5 p.m. - Sistema Student Showcase in the MP Room
- Saturday, January 26th 9 a.m. to 4 p.m. at WV2 - Suzuki Convention for Parents and Teachers. The Suzuki Association of Utah will allow our parents to attend this convention for \$20 which includes breakfast, lunch and many classes for parents to attend. It would be well worth your time to attend and meet other parents who are in the same getting-your-child-to-practice experience as well.

We also have questions about the Sistema schedule often. I have assembled a Google calendar that I will continually update. The link to the Sistema calendar can be found below. There is a year at a glance tab and individual tabs for the individual months.

<https://docs.google.com/spreadsheets/d/1yy-iswFjt9j4bh73gD5scD5t6v5IxNFlv9T7g8YI9L4/edit?usp=sharing>

Thank you for your support - we love our Sistema students and families!

HS Office Closed on Mondays & Tuesdays

Congratulations to the Patterson family! Mrs. Nancy Patterson gave birth to a baby girl on Wednesday, January 2nd. Both baby Afton and mom are doing well!



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We are pleased to welcome Mrs. Youngberg as a part time substitute in the JH while Mrs. Meredith Patterson will temporarily move to the HS office. On Mondays and Tuesdays the JH office will take care of all secondary student and family needs while the HS office will be closed. Thanks for your understanding as Mrs. Patterson enjoys time with her new bundle of joy!

Winterim

We are so thrilled to offer our sixth year of Winterim at APA, WV2. Please remember that Winterim is still a required school day. Your student will have a graded experience and earn a semester's worth of credit if they are in high school. Our early release days will remain on Wednesdays and Thursdays. If you have any questions please email our directors Jwinegar@apamail.org or Cpeterson@apamail.org. We thank you for your support and enthusiasm for Winterim 2019!

GEAR UP (Gaining Early Awareness and Readiness for Undergraduate Programs)

GEAR UP (Gaining Early Awareness and Readiness for Undergraduate Programs) is a federal grant that we are lucky to receive at American Preparatory Academy. This grant allows our teachers, counselors and support staff to help our students in their preparation from college, starting in 5th grade. Some events that we hosted under the GEAR UP grant during the beginning of the 2018-2019 school year included: Parent University, College Week, helping the juniors sign up for the ACT and parent/student surveys to help find ways that we can better implement the GEAR UP program in our school! We are looking forward to the events we have planned for the rest of the year and will update parents as they come up. Please reach out to Jocelyn De La Rosa at jdelrosa@apamail.org if you have any additional questions about the GEAR UP program here at American Preparatory Academy, WV2 campus.