



# AMERICAN PREPARATORY ACADEMY

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## School Calendar – WV2 Campus

September 20, 2019

Check the website calendar for all practices, rehearsals, and clubs @ <http://westvalley2.americanprep.org/>

Check the Facebook page for fun information @ <https://www.facebook.com/americanprepWV2>

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Monday, September 23	Secondary Late Work Deadline
Mon.-Tue., Sept. 23-24	Mini Cheer Clinic (See details below)
Monday, September 23	JH Girls Volleyball vs Monticello 4pm/5pm
Tuesday, September 24	JH Boys Soccer @Spectrum Academy 4:30pm
Tuesday, September 24	Parent Empowerment Night 6pm
Tuesday, September 24	HS Boys Baseball vs APA Draper 4pm
Tuesday, September 24	HS Girls Volleyball vs Rowland Hall 4:30/5:45/7pm
Wednesday, September 25	Mini Cheer Performance @K-6 Assembly 8am
Wednesday, September 25	Hearing Screenings
Wednesday, September 25	7 <sup>th</sup> Grade Leaders for Life 12:45pm-3:45pm
Wednesday, September 25	JH Girls Volleyball vs Dual Immersion 4/5pm
Thursday, September 26	Sistema Carnival Fundraiser 2:30pm-4:30pm
Thursday, September 26	JH Cross Country Region Meet
Thursday, September 26	HS Girls Volleyball @Rockwell 5:45pm
Friday, September 27	HS Boys Baseball @American Heritage 2pm
Fri-Sat., Sept. 27-28	HS Volleyball Tournament @APA
Saturday, September 28	Attendance School 8am
Saturday, September 28	11 <sup>th</sup> Grade Mighty Steps 10am-1:30pm

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Thurs.-Sat., Oct. 3-5	Shakespeare Competition
Thursday, October 3	6 <sup>th</sup> Grade Take Flight Event 12:45pm-3:30pm
Friday, October 4	Spirit Wear Day
Friday, October 4	Elementary Missing Work Deadline
Saturday, October 5	Attendance School 8am

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### **Looking Ahead.....**

Monday, October 7	4 <sup>th</sup> -6 <sup>th</sup> Grade Field Trips
Tuesday, October 8	Fall Secondary Choir Concert 7pm
Wednesday, October 9	K-3 Picture Day
Wednesday, October 9	8 <sup>th</sup> Grade Barn BBQ 8am-11:30am
Thursday, October 10	4 <sup>th</sup> -6 <sup>th</sup> Grade Picture Day
Thursday, October 10	Advanced Arts Fall Preview 7pm



Friday, October 11                      8<sup>th</sup> Grade W.O.R.K. Party 12:30pm-3pm  
Saturday, October 12                  Attendance School 8am  
**Mon.-Fri. Oct. 14-Oct. 18**              **Fall Break No School**  
**Wednesday, October 30**              **All School Early Dismissal 12PM/12:15PM** (Elem PTCs)

**Hello American Prep Families,**

**Our Builder Theme for the month is “I Am A Builder When I Show Enthusiasm!”**

The meaning of enthusiasm is intense and eager enjoyment, interest, or approval.” The source of the word is the Greek “enthousiasmos,” which ultimately comes from the adjective entheos, “having the God within.”

This week we are focusing on the characteristics of enthusiastic people. As you read the six traits below, think about yourself and your strengths. Pay attention throughout this week to the characteristics that you could improve upon with practice.

Enthusiastic people **RADIATE ENERGY**. When these people walk into a room, heads turn and people gather. Their smile lights up a room.

Enthusiastic people are **CURIOUS AND INTERESTED** in life. They love learning and live in a state of wonder, surprise, and delight.

Enthusiastic people **FOCUS ON THE GOOD** (even when things aren't). They emphasize what they can do rather than what they can't do.

Enthusiastic people **FEEL DEEPLY AND LAUGH OFTEN**. They show compassion for life's difficulties and use humor to help themselves and others through tough times.

Enthusiastic people **DO SOMETHING THEY LOVE** every day, no matter how small. They are passionate about their work, hobbies, craft, or the sports they play and it shows.

Enthusiastic people **SERVE A GREATER PURPOSE** than themselves. They have a desire to help others and build community.

<http://livingwithenthusiasm.com/characteristics.htm>

I challenge you to focus specifically on one of the characteristics above and become more enthusiastic! Invite every member of the family to participate and watch what happens to the atmosphere in your home.

**Mini Cheer Clinic**

**Hey Kindergarten - 6th graders!** Come learn a cheer & dance with the APA Cheerleaders & perform at the elementary assembly September 25th!



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WHEN: SEPTEMBER 23 & 24 • 3:35-5:30 PM

WHERE: WV2 MULTIPURPOSE ROOM

PRICE: \$20 PER PARTICIPANT - INCLUDES MINI POMS YOU GET TO KEEP!

PLEASE TURN FORMS & PAYMENT INTO THE OFFICE

## **Morning Carpool Reminder**

As we are entering into our 6th week of school, we want to remind our parents about morning drop off. Our school doors at 7:30am. If you drop your student off before that time, and want to wait to make sure they get into the building safely, you must pull into a parking space. Do not park along the curb as it stops the flow of traffic moving through the drop off zone. From 7:30-8:00am, all students should be dropped off at the curb. There are staff members who help students get into the building safely. Just a reminder that all doors are open and students can enter the building through the door closest to them. If you do have an appointment with a teacher or need to visit the office, then you are ok to park your car. Families should not be parking their cars just to walk their students into the building. It is taking up parking spot of those who need to park because of appointments. As we all work together, we can keep the drop off in the morning moving smoothly and quickly.

## **Hearing Screenings – K, 1<sup>st</sup>, 3<sup>rd</sup> Grades & new students**

We will be conducting hearing screenings for all students in Kindergarten, 1st grade, 3rd grade, students new to the district and students that teachers have concerns about their hearing. The screening will be conducted the end of September or beginning of October. A hearing screening is a brief test to check on hearing acuity at the frequencies of 500, 1k, 2k, 4k at 20dB. If there is any concern about your child's hearing you will be notified and advised as to the need for more comprehensive evaluation. This note is to inform you of the hearing screening and advise you that if you DO NOT wish to have your child's hearing screened please send us a written denial.

## **Suicide Prevention and Mental Health Intervention Tuesday, September 23 6:00 pm**

Suicide is the number one killer of our teenagers in Utah. One in 4 will have suicidal thoughts. One in 5 people will deal with a mental illness in their lifetime. There are things that we need to look out for and ways we can help them. Come join us as two experts in the field of mental health and suicide prevention teach us the signs and symptoms and some interventions and how to help. Tuesday, September 23 6:00 pm. Any questions? Send an email to [counselors@apamail.org](mailto:counselors@apamail.org)

## **Update Sibling Waiting List for WV2 Campus**

Enrollment at the WV2 campus is currently full, however we want to ensure we have the most up to date lists with siblings of our current students waiting to enroll at the West Valley 2 campus. As current students may withdraw throughout the year, we are able to give siblings of current student priority enrollment as well as transfer students from other APA campuses. We are requesting all families who have siblings waiting to transfer from another APA campus or waiting to enroll this year to complete this form, so we do not miss any requests. We appreciate your



willingness to complete this form, even if you have provided us this information previously. Thank you as we work hard to keep families together at one campus! <https://forms.gle/XC2v7kA7k3WpDDbD7>

## **Parent Student Handbook Spotlight**

### **Electronic Free School Nights**

American Prep recommends that families adopt a “no TV, no Video games” policy Monday through Thursday. There has been lots of research showing that it is not good for students to watch television and play video games on a daily basis. Lack of physical exercise is resulting in obesity in epidemic proportions in our country, even in our children. We encourage our families to provide opportunities for their students to exercise through play and study during the weekday evenings.

### **Lunch News**

We hope you and your students are enjoying our school lunch program! Order meals for October now at the following link. <https://apalunch.h1.hotlunchonline.net/>

All orders must be placed 48 hours in advance - if you want your student to have lunch on Tuesday, October 1st, please order by Sunday, September 29th at 11:59 p.m. Also, the menu is posted thru January 2020. Please remember you must select and order for each child. To get to the NEXT MONTH after selecting your items you MUST scroll to the top and on the TODAY tab click the arrow (next)

If you need help ordering lunch, our school lunch workers are available. You can also [email\\_lunch@apamail.org](mailto:email_lunch@apamail.org) for assistance.

### **FSO Corner**

#### **BOX TOPS – No More Clipping**

We no longer have to clip BOX TOPS!! HOORAY! They now have an app, available on both the App Store and Google Play. Just search for BOX TOPS FOR EDUCATION and it should pop up. When you create an account you will select our school with the right address (3636 West 3100 South, West Valley, UT 84120). This new app allows us to scan our receipts after grocery shopping and it automatically applies any box tops to our school account. So make sure you get this app and start scanning your receipts! Let's see how much money we can earn for our school!

### **Volunteer Hours**

Each family is required to volunteer 20 hours a year. This can be done by volunteering at any opportunities we post (Parent/Teacher conference dinners, appreciation week, etc.) or by purchasing items we ask for and adding up the time it took you to get those items and bring them in to the school. Make sure you record your hours on your communication folders or by emailing me ([WV2FSO@apamail.org](mailto:WV2FSO@apamail.org)). THANK YOU for all your help showing our staff love!



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## Sistema Notes

We have our Annual Sistema Carnival fundraiser coming up on September 26th. The cost is \$10 for an all-inclusive activity wristband and families are invited. Put it on your calendars now and more information will be forthcoming. There will be no Sistema this day, but we hope to see all of our friends and family members in attendance. Tickets can be purchased at the elementary front office during the day or at the Sistema front office afterschool.

WE NEED VOLUNTEERS FOR THE CARNIVAL! Families are invited to our Sistema carnival. We need parent volunteers to help make this fundraiser a success. We raised close to \$3000 last year. It would be awesome to beat that amount this year. Please go to the link below to sign up for an assignment. Thank you so much for your willingness to help us!

<https://www.signupgenius.com/go/30E0B45AEA92DA0F49-sistema6>

Please ask your child often what they have been learning and to have them play for you. We love our students!

## Student Parking Passes

Do you have a student the drives to school? YES! Do they have a parking pass? NO? All student who drive to school are required to have a parking pass. If your student hasn't not filled out the paper work to get a parking pass, please have them do so by Friday August 30th. Students who wish to buy a parking pass may do so for \$10 at the High School office.

## AP Parents

Attention parents of advanced placement (AP) students. College board ran a pilot study with over 5,000 students of varying ethnic and economic backgrounds to see the impact of an earlier test purchase date. The results of the pilot program found students were more committed throughout the year and scored better on their AP exams. As a result, the College Board has changed the time period when students purchase their tests. **It is NOW until October 11.** The final exam testing will still be in May. **Full priced exams are \$94. If your student qualifies for free and reduced lunch or a school waiver the cost is \$53.** The benefit of taking an advanced placement course and passing is receiving college credit while in high school. **You may pay for the exam with one of our high school or junior high secretaries.** If you have any questions please email Ms.Petherbridge at [lpetherbridge@apamail.org](mailto:lpetherbridge@apamail.org).

## Assembly Review of Safe School Policies

We want to make parents aware that our secondary administration reviewed our safe school policies and expectations at our recent assemblies with 7th-12th graders. Students were informed that safe school violations include students bringing weapons (real or look-alike), drugs or drug paraphernalia including any vaping products, controlled substances or sexually explicit content or materials into the school. As outlined in our code of conduct, these actions would initiate a discipline hearing with a parent board and may result in an expulsion. We also reviewed with students that discussing drugs or controlled substances outside of a Health class setting or making



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threats can result in disciplinary action and may require a formal discipline hearing. Students should report to administration or a teacher if they see or become aware of any safe school violations. Please review with your student the safe school policies found at this link: <http://wiki.apaserver.org:8090/display/PM> under Chapter H section 7.0.

## **Attendance School Dates**

We will be offering attendance school on the following dates. If your student has a No Grade (NG) in any class they should plan on participating in the Attendance School until the tardies or unexcused absences have been made up. Please see the parent-student handbook for detailed information about NGs and Attendance School procedures. <https://www.americanprep.org/parent-student-handbooks/> under the attendance section.

Sat., Sept. 28th - 8am to 11am    Sat.    Oct. 5th - 8am to 11am    Sat., Oct. 12th - 8am to 11am

## **7th Grade Leaders for Life**

Attention parents and students! We are so excited to kick off this year with our 7th grade Leaders for Life Event! At the event students will learn how to demonstrate positive character traits, strong leadership by thinking out of the box, and respectful behavior. In addition, students will learn and review proper “meet and greet” protocol, and will be taught how professional body language is a key factor in making a good impression. The event will be on Wednesday September 25th from 12:45-3:45. Parents if you would like to volunteer to help at this event please email Mr. Butikofer at [cbutikofer@apamail.org](mailto:cbutikofer@apamail.org). We are excited to see you there!

## **Collegium Hall**

We are excited to continue providing after school services for another great school year. Collegium Hall is offered Monday through Friday for 3 hours after school beginning 20 minutes after the dismissal bell. The Collegium Hall classrooms are listed below.

7th Grade - Room 183

8th Grade - Room 187

9th Grade - Room 270 (M,T, F)

9th Grade - Room 266 (W,TH)

10-12th Grade - Room 277

SPED - Room 232

## **Club Updates** (Contact Mr. Lee with questions at [clee@apamail.org](mailto:clee@apamail.org))

Math Tutoring Club: Monday 3:30 - 4:30 pm Room 185 & Wednesday 2:30 - 4:30 pm

Art: Tuesday 3:30 - 4:3 pm Room 195

Dance: 2nd and 4th Wednesday of the month 2:30 - 3:30 pm Multipurpose Room

Garden: Tuesday 3:30 - 4:30 pm Room 185

FCCLA: Thursday 2:30 - 3:30 pm Room 162

Pokemon Club: Friday 3:30 - 4:30 pm Room 230

Latin: Friday 3:30 - 4:30 pm Room Room 212

Also, just another reminder that we will not have Collegium Hall on Wednesday, September 18th. Please make arrangements for picking up your student after school.