



AMERICAN PREPARATORY ACADEMY

School Calendar – WV2 Campus

January 17, 2020

Check the website calendar for all practices, rehearsals, and clubs @ <http://westvalley2.americanprep.org/>

Check the Facebook page for fun information @ <https://www.facebook.com/americanprepWV2>

Monday, January 20

Tues-Fri., Jan. 21-24

Tuesday, January 21

Tuesday, January 21

Tuesday, January 21

Tuesday, January 21

Tuesday, January 21

Wednesday, January 22

Wednesday, January 22

Thursday, January 23

Thursday, January 23

Thursday, January 23

Friday, January 24

No School – Martin Luther King Jr. Day

Spirit Week

Winterim Showcase

All School Early Dismissal 12PM/12:15PM

Professional Development – all staff 1:15pm

Sterling Scholar Banquet 5:30pm (MP room)

HS Girls Basketball @Waterford

JH Girls Basketball @Monticello

HS Boys Basketball vs Waterford

Dibels & WIDA testing

Parent Meeting for Seniors 6:30pm (small gym)

HS Girls Basketball @Westridge

Spirit Bowl Assembly

Monday, January 27

Monday, January 27

Tuesday, January 28

Tuesday, January 28

Tuesday, January 28

Tuesday, January 28

Wednesday, January 29

Wednesday, January 29

Thursday, January 30

Thursday, January 30

Thursday, January 30

Friday, January 31

Saturday, February 1

JH Girls Basketball vs Wasatch

HS Boys Basketball vs LCA

9th Grade Capitol Trip 8am-1pm

Parent Empowerment Night

HS Girls Basketball @Rowland Hall

Last Day to order Senior Swag/HS Gear

7th Girls Basketball vs Excelsior

HS Boys Basketball vs Rowland Hall

Elementary Spelling Bees 12:45pm

5th Grade Maturation Night 6pm Boys

5th Grade Maturation Night 7pm Girls

HS Boys Basketball @UMA Hillfield

9th Grade Winter Dance 4pm-6pm

Looking Ahead.....

Mon.-Fri., Feb. 3-7

Friday, February 7

Saturday, February 8

HOPE Week

Spirit Wear Day

SGL Dance 7pm-9pm



Mon.-Fri., Feb. 17-21

No School – Mid Winter Break

Hello American Prep Families,

Builder Theme for the month of January is “I Am A Builder When I Work Diligently.”

One of the biggest deterrents to working diligently is wasting time. When we look back on our day and how time passed –often we realize what could’ve been accomplished with that time. I know this is something that I experience. There are many ways to waste time, but one of the most common is by allowing ourselves to get distracted or discouraged about our tasks and assignments. The ease of turning on the TV, daydreaming, getting another drink of water, or texting with a friend often trumps the self-discipline required to do what requires thought and work.

So what can we do about it?

When the urge to roam hits, take a deep breath and be still while you refocus yourself by remembering your objective. After several deep breaths, move forward with a small step. For instance, if one of your assignments is to do online research, close all other windows that serve as a distraction and focus only on the task at hand.

Plan a certain time for your distractions and entertainment. Here at APA, we advocate no screens M-TH so that we can use time wisely for academic study, physical exercise, and other enriching pursuits. Plan to reward yourself for a week’s worth of hard work, by scheduling that video game or that movie on Friday or Saturday after your homework is complete.

Finally, review your goals. A clear picture of the time required to achieve these goals versus a realization of the amount time you are tempted to waste time will keep you on track for success.

The thing is once you get to work on a project, it is usually no longer drudgery...not if you are truly committed to achieving successful results. The key is to take the first step at exactly the moment when you are tempted to waste time elsewhere. I challenge you try it this week and see how diligent you can be. You may be surprised and pleased at what you can accomplish.

High School Hoodies Available

The freshman, sophomores and juniors have asked us for American Prep swag that is specific to their graduating class, and we have listened! For a limited time, we are excited to offer a dark heather grey hoodie with the APA Eagle and the year your student graduates on the sleeve. Now is the time to go online to www.apaonlinestore.com and order a hoodie today.

These items will only be available until January 28th, so we can process all orders and deliver them to the high school office before mid-winter break in February. Go online to [High School Swag](#) to view your options and place an order today! You won't want to miss this opportunity.



We love having you as part of the APA family and look forward to students showing off their APA pride!

Winter Weather!

Winter has arrived and days are cold! Please make sure your child has WARM clothing, because they go outside every day for recess and carpool.

If school were to be delayed or closed, you could find out by listening to the news stations in the mornings beginning at 5:00 a.m. If Granite school district has closed schools or delayed the start of their day, we will also.

Elementary Testing Information

Elementary is planning on a testing day on January 23rd. All students will be testing with Dibels. Some of our students will also be taking the WIDA test. Please make every effort to make sure that your elementary student is in attendance on the 23rd.

DIBELS: This test was developed to measure recognized and empirically validated skills related to reading outcomes. Each measure has been thoroughly researched and demonstrated to be reliable and valid indicators of literacy development. When implemented as recommended, the results can be used to evaluate individual student development as well as provide grade-level feedback toward validated instructional objectives.

WIDA Assessment: This test is designed to measure students' progress in English language development. WIDA MODEL (Measure of Developing English Language) is a suite of English language proficiency assessments for Kindergarten through Grade 12.

Student Drop off

Our crossing guards have some concerns about the safety of the students who are crossing in the crosswalk. Many of our APA parents are violating the road safety standards, which could result in a \$200 ticket from the police.

1. No cars may turn until the crossing guards have helped the students completely cross the intersection. They will wave at the cars when it is clear to move through the intersection.
2. You must turn into the correct lane, no wide turns into a different lane.
3. Parents CANNOT block the intersection. If there is no room for you to move forward or to turn properly, you cannot move forward.
4. If the turn light is red, you may not continue to turn through the intersection.

Just a reminder that our school does open at 7:30. The majority of the concerns from above are happening 7:45am-8:00am. If you are going to be dropping your students off during those 15 minutes, you need to plan on extra time to safely get through the main intersection.



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Lunch Orders

It's time to order lunches for February! In order to have lunch for Monday, orders must be placed by Saturday before midnight (11:59pm). Go online to: <https://apalunch.h1.hotlunchonline.net/> to order now thru the end of the year.

January Mini Cheer Clinic

Come cheer with the APA Cheerleaders and PERFORM at a Boys Basketball Home Game!

CLINICS:

- January 27 & 28 3:35-5:30 pm
- SNACKS will be provided each day
- Each participant will learn a cheer & dance!

PERFORMANCES:

1. Builder Assembly January 29th 8:00am in Small Gym
2. Basketball Game January 29th 6:30-7:45pm in Large Gym

NEW mini cheerleaders: \$20 (includes new poms you get to keep!)

RETURNING mini cheerleaders: \$15 (must bring your poms)

How Do I Sign Up? Please fill out the front & back of the form, then turn it in with the payment to the office. Forms are available at the elementary office. We will only be able to take about 95 students and it will fill up fast! I recommend securing your spot by January 21st.

FSO Corner

Looking for a way to get more involved here at APA? Want to bring your great ideas to life for supporting our staff? Join the FSO team!

Examples of some of the things we do

- Monthly treat for staff
- Staff Appreciation Week (in the spring)
- Offering support to teachers and secretaries

Volunteers play a crucial role in the operation of American Prep. If you are interested in helping our school and joining the FSO team, please email me at WV2FSO@apamail.org.

Parent and Graduate Information Night

Parents of graduating seniors will have a mandatory meeting on **Thursday, January 23rd at 6:30 pm**. Parents will have the opportunity to meet with the counselors and get important information regarding graduation including



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tickets for guests, timeline, due dates, and cap and gown rental. We will have fun treats for the students and distribute senior tri-boards. Contact Mrs. Patterson in the high school office if you have any questions. mpatterson@apamail.org, 385-351-3090 ext. 1253

Senior Swag Available – order now!

Now is the time to go online to www.apaonlinestore.com and order a Class of 2020 hoodie and pair of joggers for your graduating senior! We are excited this year to offer for a limited time, not only a Class of 2020 Senior Hoodie and Jogger for our graduating class, but have been able to include an option for a Proud Family Senior Hoodie for you to demonstrate your pride as well! The APA 2020 Proud Family Senior Hoodie includes your choice of wording Mom, Dad, Sister, Brother, Grandma, Grandpa, Aunt, Uncle or Abuelita. Click on this link now: [Order Senior Swag](#)

These items will only be available until January 28th, so we can process all orders and deliver them to the high school office before mid-winter break in February. Go online to [Order Senior Swag](#) to view your options and place an order today! You won't want to miss this opportunity. *Seniors are able to wear their hoodie on Fridays to school!*

Sistema Notes

Please take note of the following calendaring items:

- Monday, January 20th - No School/No Sistema
- Tuesday, January 21st - No Sistema - Early Dismissal 12:20 p.m.
- Wednesday, January 22nd - Sistema Student Showcase 5-5:30 p.m. in the small gym
- Friday, January 24th - No Sistema - teachers in training

We are also planning on having some special Parent Education Nights. Be looking for more details soon. Thank you so much for your support - welcome back!

Food Donation Day

We have a community partnership with the Food Bank in Kearns where we receive a food donation once a week on Tuesdays. The food is set out in the elementary main foyer by 4 p.m. with a limit of a few items per family. The food items differ each week so we will never know what we will receive. If you have a need for food please feel free to come on this day.