School Calendar – WV2 Campus

January 15, 2021

Check the website calendar for all practices, rehearsals, and clubs @ http://westvalley2.americanprep.org/ Check the Facebook page for fun information @, https://www.facebook.com/americanprepWV2

Monday, January 18 Tuesday, January 19	No School – Martin Luther King Jr. Day All School Early Dismissal 12PM/12:15PM Professional Development
Mon. 25 – Fri. 29	National School Choice Week
Tuesday, January 26	Parent Grad Night 6:30pm
Friday, February 5	Spirit Wear Day
Friday, February 5	Elementary Only Early Dismissal 12pm/12:15pm
Looking Ahead Mon Fri. Feb. 8 - 12 Mon Fri. Feb. 15 - 19	Staff Appreciation Week No School Mid-Winter Break

Hello American Prep Families,

Our Builder Theme for the month of January is "I Am A Builder when I think positive thoughts about myself and others."

Our thoughts have great power to determine the course our lives will take. Our thoughts are something we have control over, and by controlling our thoughts, we have the ability to chart our life's course! Have you ever thought about the fact that we actually get to choose our thoughts?

We are endeavoring this month to help our students understand the great power of their thoughts. In today's world this is especially critical, as children have many, many inputs into their minds that they have to deal with. We know that students who develop a reasoned response (in their mind) to difficult situations are children who successfully navigate the many challenges of life.

For example, when an elementary student is asked to move a card, they are confronted with their own imperfection. The child who has a healthy, reasoned response in their mind such as "Well, this is embarrassing. I hate moving cards. But it's ok, everyone moves cards sometimes" is a healthy child and one who is well on their way to developing the resilience required to make it through life's many challenges. A teenager who sees something negative about themselves on social media and who has an automatic, reasoned response such as "Wow that person really must have a problem to be spending time trying to bring me down. Life's too short to deal in this negativity" (and then hopefully takes a step to distance themselves from the situation) is a teen developing resilience.

"If you don't like something, change it. If you can't change it, change the way you think about it." This phrase is a great way to remind ourselves that changing the way we think about something can have a big impact in our lives. Learning to analyze and improve our thinking and our self-talk will help us all to direct our lives in a positive path.

This month we will work on teaching the students how to change their thoughts, to choose their thoughts, and to pay attention to their "self-talk". Join us in this worthy endeavor of improving our thoughts, and developing reasoned responses!

Sistema Notes

We would like to welcome our new friends in Sistema from our open winter application. We have loved having more friends making music with us. Sistema is now full at this time.

As a reminder, please make sure that you complete an electronic parent check out form EACH DAY. We ask that you wait until you are at the curb before completing the form. When we see your child's name come across our spreadsheet we get them ready on the next transition or call them down during our carpool. They are always so sad when they have to wait and you are not there. Also, as you might imagine, our number one priority is our student safety. Please be patient during carpool as we walk your child to your car. We ask that you not call out them to run as our policy is to have them walk to their car so that they can be safe. They will need to stay with our staff that is walking them to your car especially if it is dark outside.

Below are our NO SISTEMA dates so that you can put them on your calendar:

- Monday, January 18th: No School for Martin Luther King, Jr. Day
- Tuesday, January 19th: Noon dismissal for professional development

Please make sure that your student brings their instrument every day to Sistema and prepared with their music. Thank you so much for your support. We love our Sistema students and their families!

Spelling Bee Information

4th-6th grade class spelling bees will be happening next week. Please look for information from the homeroom teacher as to when these are taking place. Our Campus 4th-8th grade Scripts Spelling Bee is going to happen this year. The top winner of each class will then be invited to participate in the school spelling bee. This will happen on February 3rd. If your student makes it into the spelling bee, then a special invitation and directions will be sent to your family.

Just a reminder, in the morning, to please pull forward in the carpool drop off zone. Both lobby doors are open as well as the doors by the 6th grade classrooms. Your students can enter the building through any of the doors and then head to their classroom. If you do come to the school 10 minutes before the start of school, just remember that is the time that traffic is the heaviest, please be patient.

Elementary missing work Mid-Term deadline. January 22nd will the last day that students may turn in any missing assignments for the first half of Term 3. Check your students ALMA account to see any homework or tests that may be missing.

Carpool Reminders

During carpool in the morning and after school please remember to pull as far forward along the curb as you can. This helps open up more of the curb for the cars behind you so more families can safely drop off or pick up their children. If everyone pulls all the way forward it makes the process more efficient and safer. Thank you for doing your part!

Lost and Found

We continue to have many items in the lost and found. Please take a moment to write your child's name on his/her sweaters, cardigans, coats and more. Items left in the lost and found at the end of the month are donated to local charities.

Water Bottles

We strongly encourage students to bring a water bottle to school each day. We have filling stations however we have turned off the actual water fountains to help reduce the spread. Please remind your student the importance of staying hydrated and bringing a water bottle to school. Thanks!

From the Parent Student Handbook

Channels of Communication

Members of the American Prep community who have a question, concern, feedback, or a need for information will identify the person best able to answer their question or concern or most logically to hear their feedback and will approach that person in a positive manner. We have established a clear communication list through which we invite you to bring any concerns or questions you may have. The persons listed are in order of who you should address your concern to first, next, etc. If, for some reason you are not comfortable taking your concern to the teacher first, you may take it to the next person on the communication list. If you are not satisfied with the resolution at any level, you may take it to the next person on the communication list. Parents should email the staff member and make an appointment.

Academic, Behavioral, or other Concern, K-3rd

- 1. Child's Homeroom Teacher (even for groups issues) please check student's learning plan for correct email address for homeroom teacher
- 2. K-3 Elementary Director Eryn Woolston ewoolston@apamail.org
- 3. School Administrative Director Cindy Lawrence clawrence@apamail.org
- 4. District Academic Director Jen Walstad <u>iwalstad@apamail.org</u>
- 5. District Executive Director Carolyn Sharette csharette@apamail.org
- 6. Parent Advocate <u>parentadvocate@apamail.org</u>

Academic, Behavioral, or other Concern, 4th-6th

- 1. Child's Homeroom Teacher (even for groups issues) please check student's learning plan for correct email address for homeroom teacher
- 2. 4-6 Elementary Director- Julie Rodriguez <u>irodriguez@apamail.org</u>
- 3. School Administrative Director Cindy Lawrence <u>clawrence@apamail.org</u>
- 4. District Academic Director Jen Walstad jwalstad@apamail.org
- 5. District Executive Director Carolyn Sharette csharette@apamail.org
- 6. Parent Advocate parentadvocate@apamail.org

Secondary Yearbook – see attached flyer

Hello parents and students to purchase yearbooks in the upcoming days you will need to visit http://bit.ly/APA-WV2 to place your orders. The deadlines and prices are 12/31 for \$45 and 3/31 for \$55. Seniors submit baby and kid pictures through the HJ eShare App using the school code APAWV2.

Parents of Graduating Seniors

Parents of graduating seniors will have a mandatory meeting on Monday, January 25th at 6:30pm. Parents will have the opportunity to meet with the counselors and get important information regarding graduation including tickets for guests, timeline, due dates, and cap and gown rental. We will have fun treats for the students and distribute senior celebration boards. Contact the counselors if you have any questions at counselors@apamail.org.

7th-12th Grade Schedule

We will return to our modified block schedule for secondary on January 22nd through the end of the year. The modified block schedule includes all eight periods on Mondays, Tuesdays and Fridays and on Wednesday we hold periods one through four and on Thursdays we hold periods five through eight. The bell schedule with times and lunch assignments will be sent out via Skyward and will be available on our webpage by Monday of next week. We are excited to be returning to our modified block schedule that has been an integral part of our rigorous academic program and supports both the frequent repetitions needed in many subjects while providing a few longer periods each week for labs and discussions in our advanced classes.

Collegium Hall

We are excited to begin the new year in a positive way, starting with the return of our after school clubs. Collegium Hall will still continue as normal, but please keep in mind that we will not have a program on early out days like this upcoming Tuesday, 1/19/21. Lastly, we would like to shout our Afterschool Students of the Term:

7th - Fredy Gonzalez-Jimenez 8th - Diana Brito 9th - Dylan Quintana 11th - Erick Sanch-Hernandez These students not only achieved academic success, but also demonstrated exceptional behavior in the classroom. We appreciate all your hard work and look forward to starting this new year strong.

Collegium Hall Classrooms

7th Grade - Room 183 8th Grade - Room 238 9th Grade - Room 270

 $10\text{-}12\text{th Grade - Room 240} \qquad \text{SPED - Room 230}$

Love and Logic – What it is?

Love and Logic is a philosophy of raising and teaching children which allows adults to be happier, empowered, and more skilled in the interactions with children. Love allows children to grow through their mistakes. Logic allows children to live with the consequences of their choices. Love and Logic is a way of working with children that puts parents and teachers back in control, teaches children to be responsible, and prepares young people to live in the real world, with its many choices and consequences.

American Prep staff uses Love and Logic every day! Look forward to seeing Love and Logic tips in upcoming newsletters or receive additional information at www.loveandlogic.com.